

## Abba Mia

64 count, 4 wall, intermediate level

Choreographer: Maggie Gallagher (UK) March 2006

Choreographed to: "Mamma Mia" by the A-teens from "The Abba Generation" album

Intro: 32 counts – Start on Vocals (14 secs)

**Section 1 Walk Forward, 1/2 Turn Right, 1/2 Shuffle Turn Right, Left Kick, Right Back, Left Side, Right Cross**

1, 2 Walk forward on right, Make 1/2 turn right stepping back on left  
3&4 1/4 turn right stepping right to right side, Step left next to right, make 1/4 turn right stepping forward on right  
5, 6 Kick left towards diagonal left, Cross left over right  
7&8 Step back on right, Step left to left side, Cross right over left

**Section 2 Left Side Chasse, Right Sailor, Left Cross, 1/4 Left, 1/4 Left Side Chasse**

1&2 Step left to left side, Close right beside left, Step left to left side  
3&4 Cross right behind left, Step left to left side, Step right to right side  
5, 6 Cross left over right, Make 1/4 turn left stepping back on right  
7&8 Make 1/4 turn left stepping left to left side, Step right beside left, Step left to left side

**Section 3 Right Cross, Hold, Side Rock, Recover, Left Cross, Right Weave**

1, 2 Cross right over left, Hold  
3&4 Rock out to left side, Recover onto right, Cross left over right  
5, 6 Step right to right side, Cross left behind right  
&7, 8 Step right to right side, Cross left over right, Step right to right side

**Section 4 Left Touch, Hold, Side Switches, Rock, Recover, Right Coaster**

1, 2 Touch left beside right, Hold  
&3 Step left beside right in place, Point right to right side  
&4 Step right next to left, Point left to left side  
&5, 6 Step left next to right, Rock forward onto right, Recover onto left  
7&8 Step back on right, Step left next to right, Step forward on right

**Section 5 Left Shuffle Forward, Step, 1/2 Pivot Left, Step Ronde Forwards x2**

1&2 Step forward on left, Step right beside left, Step forward on left  
3, 4 Step forward on right, 1/2 pivot turn left  
5, 6 Step forward on right, Ronde sweep left in front of right  
7, 8 Step forward onto left, Ronde sweep right in front of left  
*Restart here during wall 3 (you will be facing the back wall)*

**Section 6 Right Shuffle Forwards, Step, 1/2 Pivot Right, Step Ronde Forwards x2**

1&2 Step forward on right, Step left beside right, Step forward on right  
3, 4 Step forward on left, 1/2 pivot turn right  
5, 6 Step forward on left, Ronde sweep right in front of left  
7, 8 Step forward onto right, Ronde sweep left in front of right

**Section 7 Weave Right, Point Right, Weave Left, Point Left**

1, 2 Cross left over right, Step right to right side  
3, 4 Cross left behind right, Point right to right side  
5, 6 Cross right behind left, Step left to left side  
7, 8 Cross right over left, Point left to left side

**Section 8 1/4 Monterey Left, Walks Back, Hip Bumps Backwards & Forwards, Walks Forwards**

1, 2 1/4 turn left stepping left next to right, Point right to right side  
3, 4 Walk back on right, Walk back on left  
5, 6 Step back right bumping hips back right, Bump hips forward left  
7, 8 Walk forward right, Walk forward left

**Restart** after 40 counts during wall 3 (facing back wall)

Quelle:

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678

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