

All Day Long

64 count, 2 wall, intermediate level

Choreographer: Gary Lafferty, August 2004

Choreographed to: "Mr. Mom" (172 bpm) by Lonestar, "Let's Be Us Again" CD, 48 count intro – start on main vocals
"Driving Home For Christmas" by Chris Rea, "The Very Best Of Chris Rea" CD

Section 1 Right Strut, Left Strut, Kick, Out, Out, Hold

- 1-2 Step right toe forward. Drop right heel taking weight
- 3-4 Step left toe forward. Drop left heel taking weight
- 5-8 Kick right forward. Step right to right side. Step left to left side. Hold

Section 2 Behind, Side, Scuff, Step, Sailor Step, Hold

- 1-2 Cross right behind left. Step left to left side
- 3-4 Scuff right forward. Step right to right side
- 5-8 Cross left behind right. Step right to right side. Step left in place. Hold

Tag Danced at this point during 3rd Wall only, then restart from beginning

- 1-4 Step right forward. Hold. Pivot 1/2 turn left. Hold

Section 3 Behind, Side, Cross, Hold, Left Scissor Step, Hold

- 1-2 Cross right behind left. Step left to left side
- 3-4 Cross right over left. Hold
- 5-6 Step left to left side. Step right beside left
- 7-8 Cross left over right. Hold

Section 4 Right Vine, Side, Hold, Back Rock

- 1-2 Step right to right side. Cross left behind right
- 3-4 Step right to right side. Cross left over right
- 5-6 Step right to right side. Hold
- 7-8 Rock left back behind right. Recover onto right

Section 5 Rumba Box

- 1-2 Step left to left side. Step right beside left
- 3-4 Step left forward. Hold
- 5-6 Step right to right side. Step left beside right
- 7-8 Step back on right. Hold

Section 6 Back Lock Step, Kick, Coaster Cross, Side

- 1-4 Step left back. Lock right across left. Step left back. Kick right forward
- 5-6 Step right back. Step left beside right
- 7-8 Cross right over left. Step left to left side

Section 7 Back Rock, Side, Hold, Coaster Step, Hold

- 1-2 Rock right back behind left. Recover onto left
- 3-4 Step right to right side. Hold
- 5-8 Step left back. Step right beside left. Step left forward. Hold

Section 8 Rock Forward, Rock Back, Step Forward, Hold, Pivot 1/2 Turn, Hold

- 1-2 Rock right forward. Recover onto left
- 3-4 Rock right back. Recover onto left
- 5-8 Step right forward. Hold. Pivot 1/2 turn left. Hold

Quelle:

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