

All Shook Up

80 count, 1 wall, Intermediate

Choreographer Naomi Fleetwood (USA)

Choreographed to: "All Shook Up" by Billy Joel; "All Shock Up" by Elvis

Sequence: Billy Joel: A-B, A-B-C, A-B-C, A-B-C

Elvis: A-B, A-B-C, A-B-C, A-B-B

PART A

Section 1 Left & Right Shuffle Forward, Grapevine Left, Touch Right
 1 & 2 Step Forward Left. Close Right Beside Left. Step Forward Left.
 3 & 4 Step Forward Right. Close Left Beside Right. Step Forward Right.
 5 – 6 Left Steps To Left Side. Cross Right Behind Left.
 7 – 8 Left Steps To Left Side. Right Steps Beside Left.

Section 2 Right & Left Shuffle Back, Grapevine Right, Touch Left
 9 & 10 Step right back. Close left beside right. Step right back
 11 & 12 Step left back. Close right beside left. Step left back
 13 – 14 Right steps to right side. Left steps behind right
 15 -16 Right steps to right side. Left touches beside right

Section 3 Stroll Forward & Kick, Stroll Back & Touch
 17 – 20 Stroll forward - left, right, left. Kick right forward
 21 – 24 Stroll back - right, left, right. Touch left next to right

Section 4 Step Left Extending Left Arm, 2 x Pelvic Rolls
 25 – 26 Step left to left side extending left arm to left. Clap hands
 27 – 28 Extend left arm to left and bring right hand to stomach. Hold
 29 – 30 Roll pelvis to right for two beats
 31 – 32 Roll pelvis to right for two beats

PART B

Section 5 Left Grapevine, 2 x Step Right 1/2 Pivot Turn Left
 33 – 34 Left steps to left side. Right steps behind left
 35 – 36 Left steps to left side. Right touches next to left
 37 – 38 Step right forward. Pivot 1/2 turn left
 39 – 40 Step right forward. Pivot 1/2 turn left

Section 6 Right Grapevine, 2 x Step Left 1/2 Pivot Turn Right
 41 – 42 Right steps to right side. Left steps behind right
 43 – 44 Right steps to right side. Left touches beside right
 45 – 46 Step left forward. Pivot 1/2 turn right
 47 – 48 Step left forward. Pivot 1/2 turn right

PART C

Section 7 Left Grapevine With Scuff 1/2 Turn Left, Stroll Back & Touch
 49 – 50 Left steps to left side. Right steps behind left
 51 Left steps to left side
 52 Scuff right beside left and pivot 1/2 turn left on left foot
 53 – 54 Step back on right. Step back on left
 55 – 56 Step back on right. Touch left beside right

Section 8 4 x Toe Struts Forward
 57 – 58 Touch left toe forward. Drop left heel to floor taking weight
 59 – 60 Touch right toe forward. Drop right heel to floor taking weight
 61 – 64 Repeat steps 57 – 60

Section 9 Left Grapevine with Scuff 1/2 Turn Left, Stroll Back & Touch
 65 – 72 Repeat steps 49 – 56

Section 10 4 x Toe Struts Forward
 73 – 74 Touch left toe forward. Drop left heel to floor taking weight
 75 – 76 Touch right toe forward. Drop right heel to floor taking weight
 77 – 80 Repeat steps 73 - 76

Quelle:

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