

Am I

32 count, 4 wall, easy intermediate level

Choreographer: Cato Larsen

Choreographed to: "Am I Supposed To Love Again" by Veronica Akselsen (110 bpm)

Start the dance at vocals after 32 counts (18 seconds)

Section 1 Side, Slide, Together, Cross, 3/4 Pivot Turn, Run Forward

- 1, 2 Step left long step to left side (1), slide right foot towards left (2)
- 3, 4 Step right next to left (3), cross left over right (4)
- 5 Pivot 1/4 turn left stepping back on right (5)
- 6 Continue to turn another 1/2 turn left on ball of right foot (6)
- 7, 8 Step forward on left (7), step forward on right (8)

Section 2 Syncopated Mambo Rock 1/4 Turn, Step, 1/2 Pivot Turn Twice

- 1, 2, 3 Step forward on left (1), hold (2), rock (recover) back again onto right (3)
- 4 Pivot 1/4 turn left stepping forward on left (4)
- 5, 6 Step forward on right (5), hold (6)
- 7 Pivot 1/2 turn right stepping back on left (7)
- 8 Pivot 1/2 turn right stepping forward on right (8)

Section 3 Step, Hold, 1/2 Turn, 1/2 Pivot Turn, Back & Slide Into Partial Coaster Step

- 1, 2 Step forward on left (1), hold (2)
- 3, 4 Step forward on right (3), pivot (swivel) 1/2 turn left (4)
- 5 Pivot 1/2 turn left stepping long step back on right (5)
- 6 Slide left left to right (6)
- 7, 8 Step back on left (7), step right next to left (8)

Section 4 Finish Coaster Step, Hold, Rock Step, 1/4 Pivot Turn, Cross, 1/4 Pivot Turn, 1/4 Turn

- 1, 2 Step forward on left (1), hold (2)
 - 3, 4 Step forward on right (3), rock (recover) back again onto left (4)
 - 5, 6 Pivot 1/4 turn right stepping right to right side (5), Hold (6)
 - 7 Cross left foot over right (7)
 - 8 Pivot 1/4 turn left stepping back on right (8)
- Start the dance over again by adding another 1/4 turn left Stepping left long step to left (1)*

Tag: *To be danced after wall 2 & 5. You will be facing 6:00 1st time & 9:00 the 2nd time*

- 1, 2, 3, 4 Sway your Hips to the left (1,2), Sway your Hips to the right (3,4)

Restart: *Restart the dance after count 28 on wall 7 (you'll be facing 6:00 o'clock)*

You are standing on left foot forward on count 25 (after the Coaster Step).

Replace count 26-28 with this:

- 2, 3, 4 Hold (26), Step forward on right (27), Hold (28)

Start the dance from the beginning... It's easy to hear in the music 😊

Quelle:

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