

Bad Habits

64 count, 2 wall, intermediate level

Choreographer: Maggie Gallagher & Gary O'Reilly, July 2021

Choreographed to: "Bad Habits" by Ed Sheeran

Intro: 16 counts, start on vocals

Section 1 Walk, 1/4 L Hitch, Side, Torque/Look, 1/4, 1/2, Back, Touch/Sit

- 1-2 Walk forward on left, 1/4 left hitching R (9:00)
- 3-4 Step R to right side, Torque upper body to right looking to right and pointing left toe to left side
- 5-6 1/4 left stepping slightly forward on L, 1/2 left stepping back on R (12:00)
- 7-8 Step back on L, Touch R in front of L sitting back on L bending knees

Section 2 Walk, 1/2 R, Back, Touch, Walk, 1/2 L, 1/2 Shuffle

- 1-2 Walk forward on R, 1/2 right stepping back on L (6:00)
- 3-4 Step back on R, Touch L in front of R
- 5-6 Walk forward on L, 1/2 left stepping back on R (12:00)
- 7&8 1/4 left stepping L to left side, Step R next to L, 1/4 left stepping forward on L (6:00)

Section 3 Walk, Hold & Rock Step, Back, Back, Back Rock

- 1-2& Walk forward on R, Hold, Step L next to R
- 3-4 Rock forward on R, Recover on L
- 5-6 Walk back on R popping left knee, Walk back on L popping right knee
- 7-8 Rock back on R popping left knee, Recover on L

Section 4 1/4 L Side, Hold & Side, Hold & Side Rock, Behind-Side-Cross

- 1-2& 1/4 hinge turn left stepping R to right side, Hold, Step L next to R (3:00)
- 3-4& Step R to right side, Hold, Step L next to R
- 5-6 Rock R to right side, Recover on L
- 7&8 Cross R behind L, Step L to left side, Cross R over L

** Tag & Restart Wall 3*

Styling *Optional shoulder rolls on counts 1-2 and 3-4*

Section 5 Side, Together, Walk, Shuffle, Rock Step, 1/2 Shuffle

- 1-2-3 Step L to left side, Step R next to L, Walk forward on L
- 4&5 Step forward on R, Step L next to R, Step forward on R
- 6-7, 8&1 Left Rock Step forward, 1/2 Turn left stepping L-R-L (9:00)

Section 6 Walk, Walk, Anchor Step, Back, Anchor Step

- 2-3 Walk forward on R, Walk forward on L
- 4&5 Lock R behind L, Step weight on L, Step slightly back on R
- 6 Step back on L
- 7&8 Cross R over L, Step weight on L, Step slightly forward on R

Section 7 Cross, Sweep, Cross, Sweep, Cross 1/4 Back & Cross, Side

- 1-2-3-4 Cross L over R, sweep R from back to front, Cross R over L, sweep L from back to front
- 5-6& Cross L over R, 1/4 left stepping back on R, Step L next to R (6:00)
- 7-8 Cross R over L, Step L to left side

Section 8 Back/Drag, Back/Drag, Back/Sit, Recover, Walk, Step Lock

- 1-2 Walk back on R dragging L to meet R
- 3-4 Walk back on L dragging R to meet L
- 5-6 Sit back on R bending knees, Recover on L
- 7-8& Walk forward on R, Step forward on L, Lock R behind L

Tag/Restart: *After 32 counts of wall 3, dance this 4 count tag, then restart the dance from beginning facing (6:00)*
Side, Touch, 1/4 R Side, Touch

- 1-2 Step L to left side, Touch R next to L
- 3-4 1/4 right stepping R to right side, Touch L next to R (6:00)

Ending: *Dance 32 counts of Wall 8, then turn 1/4 right ronde hitching L across R. Step forward on L*

Quelle:

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