

Big Girls Boogie

32 count, 4 wall, beginner level

Choreographer: Mavis Broom (UK February 2007)

Choreographed to: "Big Girls (you are beautiful)" by Mika, CD "Life in Cartoon"

"Grace Kelly" by Mika

"She's Too Hot For Me" by Sam Millar, CD "Most Awesome 4"

Start on vocals (walk on)

Section 1 Walk x 2, Kick Ball Change, Walk x2, Step 1/2 Turn Left

1-2 Walk Forward right, Left

3&4 Kick Right Forward, Step Ball of Right beside Left, Step Left in place

5-6 Walk Forward Right, Left

7-8 Step Forward Right, 1/2 Turn Left

Section 2 Walk x 2, Kick Ball Change, Walk x2, Step 1/2 Turn Left

1-8 Repeat Steps as Above

Section 3 Hip Bumps Forward x 2, Hip Bumps Back x 2, Hip Roll x 2

1-2 Small Step on to Right, Bump Hips Forward Twice

3-4 Bump Hips Back Twice

5-8 Roll Hips Clockwise Twice, (as if you had a hoola hoop). Weight ends on Left

Section 4 Step, Point x 2, Sailor Step, Sailor 1/4 Turn

1-2 Step Right over Left, (dip R Knee) Point Left to Left (opt Shimmy)

3-4 Step Left over Right, (dip L Knee) Point Right to Right (opt Shimmy)

5&6 Step Right Behind Left, Step Left to Left, Step Right in Place

7&8 Turn 1/4 Left Stepping Left Behind Right, Step Right in Place, Step Left Next to Right

Start again! Have fun and smile !

This is a fun dance with attitude !

Quelle:

<http://www.bigdavegastap.com/>