

Bomshel Stomp

48 count, 2 wall, beginner/intermediate level

Choreographer: Jamie Marshall & Karen Hedges (USA), August 2005

Choreographed to: "Bomshel Stomp" by Bomshel, Start on vocals

Section 1 Heel Pumps, 1/4 Turn Sailor, Rock, Recover, Coaster Step

- 1&2 Extend R heel diagonally forward (1), Hitch R (&), Extend R heel diagonally forward (2)
- 3&4 Cross R behind L (3), Turn 1/4 L, stepping forward on L (&), Step R next to L (4)
- 5, 6 Rock L forward (5), Recover onto R (6)
- 7&8 Step L back (7), Step R next to L (&), Step L forward (8) (9:00)

Section 2 "Wizard" Steps (Step R Diagonally Forward R, Lock L Behind R, Step R To R, Repeat To L)

- 9, 10& Step R diagonally forward R (9), Lock L behind R (10), Step R to R (&)
- 11, 12& Step L diagonally forward L (11), Lock R behind L (12), Step L to L (&)
- 13, 14& Step R diagonally forward R (13), Lock L behind R (14), Step R to R (&)
- 15, 16 Step L forward (15), Touch R next to L (16) (9:00)

Section 3 Step R Back, Scoot W/ L Hitch, Repeat W/ L, Coaster Step, Squat, 1/4 Turn To R, Pelvis Thrust While Palm Turned Outward Presses Down (Or Body Roll After 1st Wall)

- 17& Step back on R (17), Scoot R slightly back while hitching L (&)
- 18& Step back on L (18), Scoot L slightly back while hitching R (&)
- 19&20 Step R back (19), Step L next to R (&), Step R forward (20)
- 21, 22 Wide squat step L to L, as look to R (21), Turn 1/4 R as stand up and step R next to L (22)
(1st Wall: Honk Your Horn)
- 23 With R palm turned outward, press down and thrust pelvis forward (23)
- & With R palm turned outward, raise toward chest and thrust pelvis back (&)
- 24 With R palm turned outward, press down and thrust pelvis forward (24) (Ending with weight on L) (12:00)

Note: Listen To The Words... "Honk Your Horn!"

Section 4 "Wizard" Steps

25-32 **Repeat Counts 9-16**

Section 5 "Bomshel Stomp": Stomp R, Hold, Stomp L, Hold, Ccw Roll, Step, Step, Step

- 33, 34 Stomp R to R (33), Hold (34)
- 35, 36 Stomp L to L (34), Hold (35)
- 37, 38 Roll hips counter-clockwise, ending with weight on L as touch R next to L (37,38)
- 39&40 Small steps forward, R (39), L (&), R (40) (12:00)

Section 6 Step L, Pivot 1/2 R, Keeping Weight On L, Hip Bumps, Step R Forward, 1/2 Turn R, 1/2 Turn R

- 41, 42 Step L forward (41), Pivot 1/2 R, keeping weight on L (42) (6:00)
- 43&44& Bump hips to R (&), Bump hips to L (43), Bump hips to R (&), Bump hips to L (44)
(STYLING: Hold up R hand with index finger pointed up, wave hand R to L)
- 45, 46 Step R forward (45), Pivot 1/2 R, stepping back on L (46)
- 47, 48 Pivot 1/2 R, stepping forward on R (47), Step L next to R (48) (6:00)

Bonus Steps: After dancing 2 complete walls, repeat steps 33-48

**After wall 6, dancers scramble around for 12 counts during siren,
Ending up facing back wall, hold 4 counts to get ready to start again,
(*note: if you do not want to scramble, repeat steps 33-48)**

After wall 8, repeat Steps 33-48 to end dance

Quelle:

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