

Coastin'

40 count, 4 wall, Intermediate

Choreographer: Ray & Tina Yeoman (UK)

Choreographed to: **Lord Of The Dance** von Michael Flatley;

Four Wheel Cowboy Blues von Dave Sheriff

Section 1 Walk, Walk, Kick, Back, Coaster Step, Kick Ball Change

1 - 2 Step Forward Right. Step Forward Left.

3 - 4 Kick Forward Right. Step Back Right.

5 & 6 Step Back Left. Step Right Beside Left. Step Forward Left.

7 & 8 Kick Forward Right. Step Right Beside Left. Step Left In Place.

Section 2 Walk, Walk, Kick, Back, Coaster Step, Kick Ball Change

9 - 10 Step Forward Right. Step Forward Left.

11 - 12 Kick Forward Right. Step Back Right.

13 & 14 Step Back Left. Step Right Beside Left. Step Forward Left.

15 & 16 Kick Forward Right. Step Right Beside Left. Step Left In Place.

Section 3 Irish Heel / Toe Touches

17 Touch Right Heel Forward.

& 18 Step Right Beside Left. Touch Left Toe In Place.

19 Touch Left Heel Forward.

& 20 Step Left Beside Right. Touch Right Toe In Place.

21 - 24 Repeat Steps 17 - 20.

Section 4 Heel Forward and Side, Triple Step, Heel Forward and Side, Triple Step

25 - 26 Touch Right Heel Forward. Touch Right Heel To Right Side.

27 & 28 Triple Step In Place - Right, Left, Right.

29 - 30 Touch Left Heel Forward. Touch Left Heel To Left Side.

31 & 32 Triple Step In Place - Left, Right, Left.

Section 5 Side, Close, Shuffle 1/4 Turn, Step 1/2 Turn, Shuffle Left

33 - 34 Step Right To Right Side. Slide Left Beside Right And Clap Hands.

35 & 36 Step Right 1/4 Turn Right. Step Left Beside Right. Step Forward Right.

37 - 38 Step Forward Left. Pivot 1/2 Turn Right.

39 & 40 Step Forward Left. Close Right Beside Left. Step Forward Left.

Quelle:

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