$J \odot Ily Dancers e.v.$

Cold Heart

32 count, 4 wall, improver level

Choreographer: Maddison Glover, August 2021

Choreographed to: "Cold Heart" (PNAU Remix) by Elton John & Dua Lipa

Intro: 32 Counts. Start at approx 16 secs

Section 1 1-2 3-4 5-6 7-8 Option	Back, Touch, Step, Touch, Back, Touch, Step, 1/2 Back Step R back, touch L together Step L fwd, touch R together Step R back, touch L toe together Step L fwd, make 1/2 turn L stepping back on R (6:00) On counts 1-2 and 5-6, slightly lean body backwards
Section 2 1-2 3-4 5-6 7-8	Back, Touch, Step, 1/4 Side, Behind, Side, Cross, Point Step L back, touch R together Step R fwd, turn 1/4 R stepping L to L side (9:00) Cross R behind L, step L to L side Cross R over L, point L to L side (slightly angle body to 10:30)
Section 3 1-2 3-4 5-6 7-8	Cross, Side, Behind, Point, Cross, 1/4 Back, 1/4 Side, Cross Cross L over R, step R to R side Cross L behind R, point R to R side (slightly angle body to 7:30) Cross R over L, turn 1/4 R stepping L back (12:00) Turn 1/4 R stepping R to R side, cross L over R (3:00)
Section 4 1.2 3&4 5-6 7&8	Side, Together, Lock Shuffle Forward, Rock Forward, Recover, Lock Shuffle Back Step R to R side, step L together Step R fwd, lock L behind R, step R fwd Rock L fwd, recover weight back onto R Step L back, cross R over L, step L back
Ending	You will be facing 9:00 ready to start a new wall. Replace the first two counts of the dance with Step R back, touch L toe slightly fwd (bend both knees) as you 'sit back' onto R (open/angle body to 12:00)

Quelle:

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA, www.linedancerweb.com

www.jolly-dancers.de 26.12.2021