

Go Greased Lightning

56+48+8 count, 1 wall, intermediate level

Choreographer: Michelle Burton & Michael Barr

Choreographed to: "Greased Lightning" on Soundtrack from Grease

Arm Intro:

It's automatic - POSE Right arm straight up in air, point finger to sky, left hand on hip, fingers pointing to floor,
Left leg straight, Right knee popped, facing right

It's systematic - POSE Pull arms in toward waist, elbows bent, forearms facing upward, feet apart, legs straight

It's hydromatic - POSE Roll hips during hydromatic – Place arms in 'T' on last Beat

Why, it's Greased Lightning..... (circular arm motion)

On the Words;

Greased: Left arm comes to thigh- right arm still in 'T'

Light: Left arm even with right arm

Ning: Left arm continues to do full circle around and back to right arm

... Left elbow nudge, nudge, nudge to left while shifting weight to left foot and sliding right
foot to left

Part A

1-8 SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2, 3-4 Right step right; Left step beside right; Right step right; Left rock back; Right step in place

5&6, 7-8 Left step left; Right step beside left; Left step left; Right rock back; Left step in place

9-16 SHUFFLES ON RT DIAGONAL/LEFT DIAGONAL, VAUDVILLE WALKS

1&2, 3&4 Right diagonal shuffle in place; Left diagonal shuffle in place

5 - 8 Right step with twisting motion right; Left step with twisting motion left;

Right step with twisting motion right; Left step with twisting motion left (*these 4 cts. move forward*)

17-24 STEP TOUCH, 1/2 TURN TOUCH, STEP TOUCH, 1/2 TURN TOUCH

1 - 4 Step forward on right foot; Touch left beside right;

Turn 1/2 left, stepping forward on left foot; Touch right beside left

5 - 8 Step forward on right foot; Touch left beside right;

Turn 1/2 left, stepping forward on left foot; Touch right beside left

25-32 JUMP UP CLAP, JUMP BACK CLAP, TOE HEEL RT DIAGONAL, TOE HEEL LEFT DIAGONAL

&1,2&3,4 Right foot step forward; Left foot step forward; Clap; Right foot step back; Left foot step back; Clap

5 - 6 Right toe touch to forward right diagonal; Drop right heel and snap fingers;

7 - 8 Left toe touch to forward left diagonal; Drop left heel and snap fingers

33-40 CROSS HOLD, SIDE HOLD, CROSS BACK SIDE, HOLD

1 - 4 Right cross over left; Hold; Left step to left; Hold (*arms swing right, then left*)

5 - 8 Right cross over left; Left step back; Right step right; Hold

41-48 CROSS HOLD, SIDE HOLD, CROSS BACK SIDE TOGETHER – with shimmies

1 - 4 Left cross over right; Hold; Right step to right; (*arms swing left, then right*)

5 - 8 Left cross over right; Right step back; Left step left; Right step beside left (shoulder shimmies cts. 5 – 8)

49-56 OUT TOGETHER, OUT TOGETHER (jumping jacks), RUN (slightly) FORWARD

1 - 4 Jump both feet apart; Jump both feet together; Jump both feet apart; Jump both feet together

5&6&7&8 On balls of feet, run slightly forward, starting with the right foot, ending with feet together

Part B GO GREASED LIGHTNING**1-8 RIGHT HAND MOVE**

- 1 Jump feet apart while placing right arm to right (looking & pointing index finger to 3 o'clock)
 2-8 Knee bounce while moving right hand/arm to position straight in front of body, parallel to ground
 (watch the movie) (bounce with knee bend to beat of music) (you're looking straight ahead now by count 8)

9-16 ARM MOVEMENT IN, UP, IN, OUT

- 1-4 Bring right hand in, elbow pointing at floor, hand fisted; Shoot it straight up in air;
 Bring it back in to body; Shoot it out straight to right
 5-8 Repeat 1 – 4 Hips can move side to side, keeping in time to the music

17-24 LEFT HAND MOVE

- 1-8 With feet still apart, place left arm to left (looking & pointing index finger to 9 o'clock)
 Knee bounce while moving left hand/arm to position straight in front of body, parallel to ground.
 (watch the movie) (bounce with knee bend to beat of music)
 (you're looking straight ahead by count 8)

25-32 ARM MOVEMENT IN, UP, IN, OUT

- 1-4 Bring left hand in, elbow pointing at floor, hand fisted; Shoot left hand straight up;
 Bring it back in to body; Shoot it out straight to left
 5-8 Repeat 1 – 4 Hips can move side to side, keeping in time to the music

33-40 ARM POSES TO BEAT (hands fisted for entire sequence)

- 1-3 Bring both hands in, elbows pointing at floor, hands fisted; Shoot both arms straight up;
 Bring both arms to "T" position
 4-5 Hold; Hold
 6-7 Bring both arms forward, straight in front of you; Pull arms in toward waist, elbows bent,
 forearms facing upward
 8 Hold

41-48 SHOULDER DROPS, STEP IN PLACE (bringing feet together)

- 1-4 Rotate shoulder drops, R,L,R,L (if they go the other way....not to worry)
 5&6&7&8 Step L R L R L R L, on balls of feet, bringing feet together and moving backwards)
 (Throughout this count of 8, arms are still in the position from the previous count of 8)

Repeat Parts A & B

Mini A Do the first 32 cts. of Part A

Mini A Do the first 32 cts. of Part A

Part C MODIFIED HAND JIVE

- 1-4 Slap thighs with both hands; clap; cross right hand over left; cross left hand over right
 5-8 Touch right fist on top of left fist; Touch left fist on top of right fist;
 Hitch hike right thumb over right shoulder; Hitch hike left thumb over left shoulder
 & Jump 1/4 turn to the left

Repeat MODIFIED HAND JIVE 3 more Times. You'll be facing the 3:00 wall

Mini A Turn to the front wall and do the first 32 cts. of Part A

Mini A Do the first 32 cts. of Part A

Part C Repeat MODIFIED HAND JIVE 4x

Part B Turn to the front wall – do Part B (Go Greased Lightning)

Ending Walk to a clump in the middle of the floor and give your audience a pose for a fabulous Broadway ending;

Note to dancers: Please make this dance YOURS...

IT'S ALL FOR THE FUN OF PERFORMING AND THE LOVE OF DANCING.

Quelle:

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