

# Jolly Dancers

## Go Mama Go

64 count, 4 wall, improver level

Choreographer: Kate Sala & Robbie McGowan Hickie (UK), April 2009

Choreographed to: "Let Your Momma Go" by Ann Tayler (162 bpm), CD "Let Your Momma Go", Intro 32 Counts

### **Section 1 Side Step Right. Together. 1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Hold.**

- 1-2 Step Right to Right side. Close Left beside Right.
- 3-4 Make 1/4 turn Right stepping forward on Right. Hold.
- 5-6 Step forward on Left. Pivot 1/2 turn Right.
- 7-8 Make 1/4 turn Right stepping Left to Left side. Hold. (Facing 12 o'clock)

### **Section 2 Back Rock. Toe Strut Right. Back Rock. Toe Strut Left.**

- 1-4 Rock back on Right. Rock forward on Left. Step Right toe to Right side. Drop Right heel to floor.
- 5-8 Rock back on Left. Rock forward on Right. Step Left toe to Left side. Drop Left heel to floor.

### **Section 3 Behind. Side. Cross. Hold. Side Rock. Recover 1/4 Turn Right. Step Forward. Hold.**

- 1-4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left. Hold.
- 5-6 Rock Left to Left side. Recover weight on Right making 1/4 turn Right.
- 7-8 Step forward on Left. Hold. (Facing 3 o'clock)

### **Section 4 Diagonal Locks Step (Right & Left) with Scuff.**

- 1-2 Step Right Diagonally forward Right. Lock step Left behind Right.
- 3-4 Step Right Diagonally forward Right. Scuff Left forward and out to Left side.
- 5-6 Step Left Diagonally forward Left. Lock step Right behind Left.
- 7-8 Step Left Diagonally forward Left. Scuff Right forward and out to Right side.

### **Section 5 Reverse Rumba Box.**

- 1-4 Step Right to Right side. Close Left beside Right. Step back on Right. Hold.
- 5-8 Step Left to Left side. Close Right beside Left. Step forward on Left. Hold.

### **Section 6 Step. Pivot 1/2 Turn Left. Step Forward. Hold. Full Turn Right (Travelling Forward). Hold.**

- 1-4 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. Hold.
  - 5-8 Travelling Forward...Make a Full turn Right stepping Left. Right. Left. Hold. (Facing 3 o'clock)
- Option :** *Instead of Counts 5-8 above : Left Lock Step Forward with Hold.*

### **Section 7 Side Step Right. Toes Touches In-Out-In. Side Step Left. Toe Touches In-Out-In.**

- 1-2 Long step Right to Right side. Touch Left toe beside Right.
- 3-4 Touch Left toe out to Left side. Touch Left toe beside Right.
- 5-6 Long step Left to Left side. Touch Right toe beside Left.
- 7-8 Touch Right toe out to Right side. Touch Right toe beside Left.

### **Section 8 Mambo 1/2 Turn Right. Stomp Forward. Hold for 3 Counts.**

- 1-4 Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on Right. Hold.
- 5-8 Stomp forward on Left; spreading hands out to each side. Hold for 3 Counts. (Facing 3 o'clock)

**Note:** *At the End of Wall 5 (Facing 3 o'clock):*

*Dance the 1st Section of the dance Only (Counts 1 – 8), then continue with a 12 Count Tag as follows:*

**Tag:** **Behind. Hold. 1/4 Turn Left. Hold. Right Jazz Box Cross with Holds.**

- 1-4 Cross Right behind Left. Hold. Make 1/4 turn Left stepping forward on Left. Hold.
- 5-8 Cross step Right over Left. Hold. Step back on Left. Hold.
- 9-12 Step Right to Right side. Hold. Cross step Left over Right. Hold. (Facing 12 o'clock)  
Then Restart the dance again from the Beginning (Facing 12 o'clock)

**Ending:** *The Music Ends during Wall 8 (Facing 3 o'clock)*

*To finish Facing the Front Wall, dance up to Count 12, then Count*

- 13-14 Rock back on Left. Rock forward on Right.
- 15-16 Make 1/4 turn Left stepping forward on Left.  
Hold and Pose!!!! ... It's MUCH Easier than it looks ... Trust Me!!!!

Quelle:

[www.robbiemh.co.uk](http://www.robbiemh.co.uk)

[www.jolly-dancers.de](http://www.jolly-dancers.de)

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