

Head Over Feet

64 count, 2 wall, intermediate level

Choreographer: Maddison Glover, April 2025

Choreographed to: "Maybe" by Guy Sebastian

Intro: 32 counts (approx. 16 seconds) on lyrics

Section 1 R Side with Hip Bump, Hold, L Hip Bump, Hold, 1/4 R-1/4 R, 1/8 R Back Rock

- 1 2 3 4 Step R to R side as you push R hip out to R side, hold, push L hip out to L side, hold
- 5 6 Make 1/4 turn R as you step R slightly fwd, make 1/4 turn R stepping L to L side (6:00)
- 7 8 Make 1/8 turn R as you rock R back, recover weight fwd onto L (7:30)

Section 2 Large Step fwd with Drag (x2), Rock Step, Behind-1/8 L-Cross

- 1 2 Take large step fwd on R as you drag L fwd towards R, continue to drag for count 2
- 3 4 Take large step fwd on L as you drag R fwd towards L, continue to drag for count 4
- 5 6 Rock R fwd, recover back onto L
- 7&8 Step R back, make 1/8 turn L as you step L to L side, cross R over L (6:00)

Section 3 Side, Hold & Side, Touch, 1/4 R-1/4 R, Behind, Hold

- 1 2&3 4 Step L to L side, hold, step R together, step L to L side, touch R beside L
- 5 6 Make 1/4 turn R as you step R fwd, make 1/4 turn R stepping L to L side (12:00)
- 7 8 Cross R behind L, hold

Section 4 Side-Cross, Hold, Side Rock, Cross, Side, Turning 1/8 Sailor

- &1 2 Step L to L side, cross R over L, hold
- 3 4 5 6 Rock L out to L side, recover weight onto R, cross L over R, step R to R side
- 7&8 Make 1/8 turn L as you sweep/cross L behind R, step R slightly to R, step L slightly fwd (10:30)

Section 5 Forward w. Sweep (x2), Rock Step, Full Turn Back

- 1 2 Step R fwd as you start to sweep L from back to front, continue sweeping L for count 2
- 3 4 Step L fwd as you start to sweep L from back to front, continue sweeping R for count 4
- 5 6 Rock R fwd, recover weight onto L
- 7 8 Make 1/2 turn R stepping R fwd, make 1/2 turn R stepping L back (10:30)

Section 6 Back w. Sweep (x2), Back Rock, 1/8 L Forward-Lock-Step

- 1 2 Step R back as you start to sweep L from front to back, continue sweeping L for count 2
- 3 4 Step L back as you start to sweep L from back to front, continue sweeping R for count 4
- 5 6 Rock R back, recover forward onto L
- 7 8 1 Make 1/8 L as you step R fwd into R diagonal, lock L behind R, Step R fwd into R diagonal (9:00)

Section 7 Step-Lock-Step, Pivot 1/2, Step, Hold

- 2 3 4 Step L into L diagonal, lock R behind L, step L into L diagonal
- 5 6 Step R fwd, pivot 1/2 turn over L (3:00)
- 7 8 Step R fwd, hold

Section 8 Shuffle Forward, Rock Forward, 1/2-1/2-1/4 Turn R, Cross

- 1&2 Step L fwd, step R together, step L fwd
- 3 4 Rock R fwd, recover back onto L
- 5 6 Make 1/2 turn R stepping R fwd, make 1/2 turn R stepping L back
- 7 8 Make 1/4 turn R stepping R to R side, cross L over R (6:00)

Option: *Non turning option: Make 1/4 R stepping R to R (5), cross L over R (6), step R to R (7), cross L over R (8)*

Quelle:

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