

Head Over Heels

56 count, 2 wall, beginner/intermediate level

Choreographer: Andrew, Simon and Sheila (UK), January 2007

Choreographed to: "Head Over Heels" by ABBA, CD The Definitive Collection or The Visitors

Intro: 30 seconds (approx) – start on the word "very"

Section 1 Walk, Walk, Kick Ball Change, Pivot 1/2, Kick Ball Change

1-2 Walk fwd R, walk fwd L
3&4 R kick-ball-change
5-6 Step pivot half turn L (6:00)
7&8 R kick-ball-change

Section 2 Rock, Recover, Coaster Step, Toe Strut, Toe Strut

1-2 Rock fwd R, recover
3&4 R coaster-step
5-6 L toe-heel strut
7-8 R toe-heel strut

Section 3 Rock, Recover, Shuffle 1/2, Pivot 1/4, Cross Shuffle

1-2 Rock fwd L, recover
3&4 Shuffle half turn L (12:00)
5-6 Step pivot quarter turn L (9:00)
7&8 R cross-shuffle

Section 4 Rock, Recover, Weave, Rock, Recover, Weave

1-2 Rock L to side, recover
3&4 Step L behind R, step R to side, cross L over R
5-6 Rock R to side, recover
7&8 Step R behind L, step L to side, cross R over L

Section 5 Mambo, Mambo, Rock, Recover, Shuffle 1/2

1&2 Rock L to side, recover, step L in place
3&4 Rock R to side, recover, step R in place
5-6 Rock fwd L, recover
7&8 Shuffle half turn L (3:00)

Section 6 Rock, Recover, Shuffle 1/2, Pivot 1/2, Kick Ball Change

1-2 Rock fwd R, recover
3&4 Shuffle half turn R (9:00)
5-6 Step pivot half turn R (3:00)
7&8 L kick-ball-change

Section 7 Pivot 1/4, Kick Ball Change, Rock, Recover, Coaster Step

1-2 Step pivot quarter turn R (6:00)
3&4 L kick-ball-change
5-6 Rock fwd L, recover
7&8 L coaster-step

Note: *On wall 3* Dance up to count **14** (L toe-heel strut)
Step pivot half turn L (12:00), Start dance again.

On wall 6 Dance up to count **4** (R kick-ball-change)
Step pivot half turn L (6:00), Step pivot half turn L (12:00), Start dance again

Quelle:

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