

Hold Your Horses

64 counts, 4 wall, intermediate/advanced level

Choreographer: A.T. Kinson & Tom Mickers

Choreographed to: Hold Your Horses von E-Type (140 bpm) from Superstar Productions Ultimate In Dance CD

Choreographers Note: All arm movements are optional, start dance facing 3 o'clock wall.

Start the dance 32 counts after the drum kicks in

Section 1

1&2	1&2	Kick Ball Step, Step 1/4 Turn Left, Skates Forward.
3, 4	3, 4	Kick right to right side. Step right beside left. Step forward left.
5, 6	5, 6	Step forward right. Step left 1/4 turn left (take weight onto left).
7, 8	7, 8	Skate right diagonally forward right. Skate left diagonally forward left.
		Skate right diagonally forward right. Skate left diagonally forward left.

Section 2

9, 10	1, 2	Right & Left Side Steps, Taps Behind, 'Trot' Back.
11, 12	3, 4	Step right to right side. Tap left toe behind right.
&13&14	&5&6	Step left to left side. Tap right toe behind left.
&15&16	&7&8	Trot back stepping - Right, Left. Right, Left. (Feet shoulder width apart).
		Trot back stepping - Right, Left. Right, Left. (Feet shoulder width apart).
		Arm moves:
(9-12)	(1-4)	<i>Raise your hands high and stretch you body nice and tall during count 1.</i>
		<i>Drop your hands to your side and click your fingers while bringing your body back down on count 2. The lower you get, the farther you can cross that foot behind.</i>
		<i>Repeat for counts 3 and 4.</i>
(&13-&16)	(&5-&8)	<i>Counts &5&6&7&8 are the "Spank The Horsey" part. As you gallop backwards, get up on the balls of your feet and make your legs as bowlegged as possible. Roll those hips as you move backward. Place your left fist forward, knuckles up, as if holding the reins of your horse. On each count, slap the air below your left arm with your right hand, as if slapping the side of your horse. Slapping your horse makes it gallop backwards?</i>

Section 3

17, 18	1, 2	Grapevine Right & Left with arm moves.
19, 20	3, 4	Step right to right side. Cross left behind right.
21, 22	5, 6	Step right to right side. Touch left beside right.
23, 24	7, 8	Step left to left side. Cross right behind left.
		Step left to left side. Touch right beside left.
		Arm moves:
(17)	(1)	<i>With right arm across chest, parallel to floor & fist clenched as push fist to right with left hand.</i>
(18)	(2)	<i>With left arm across chest, parallel to floor & fist clenched as push fist to left with right hand.</i>
(19)	(3)	<i>Both hands touch shoulders and snap your fingers</i>
(20)	(4)	<i>Bring both arms straight down and snap your fingers</i>
(21-24)	(5-8)	<i>Mirror the above moves for grapevine left.</i>

Section 4

25-32	1-8	Knee Knocks In & Out.
		With feet together knock knees in and out for 8 counts starting with knees knocking in.
		Arm moves:
(25-28)	(1-4)	<i>Lean body right, as you stretch left arm forward and circle it around to left.</i>
(29-32)	(5-8)	<i>Lean body left, as you stretch right arm forward and circle it around to right.</i>

Section 5

33, 34	1, 2	Kick, Point, Cross, Back, Point & Heel, & Touch 1/2 Turn Right
35, 36	3, 4	Step forward left. Kick right forward pointing toes down.
37&38	5&6	Cross step right over left. Step back on left.
&39	&7	Point right toes right. Step right beside left. Touch left heel forward.
40	8	Step left beside right. Touch right toe back.
		Reverse pivot 1/2 turn right. (Take weight on right.)

Section 6		Step, Scuff, Step, Stomp, Heel Swivels, Step, Together.
41, 42	1, 2	Step forward left. Scuff right forward.
43, 44	3, 4	Step right beside left. Stomp left in front of right.
&45&46	&5&6	Swivel heels to the left, center, left, center
47, 48	7, 8	Step back left. Step right beside left.
Sections 7&8		Repeat sections 5&6
49-64	1-16	Repeat steps 33-48 from sections 5&6, except end with a touch instead of a step so your right foot is free to start the dance again.
Tag		16 counts tag: to be danced at the end of walls 2 and 4.
Section 1		Right & left grapevines with touch.
1, 2	1, 2	Step right to right side. Cross left behind right.
3, 4	3, 4	Step right to right side. Touch left beside right.
5, 6	5, 6	Step left to left side. Cross right behind left.
7, 8	7, 8	Step left to left side. Touch right beside left.
Section 2		Paddle Full Turn Left, Paddle Full Turn Right.
9	1	Making 1/4 turn left on ball of left, point right to right side.
10-12	2-4	Repeat step 9 three more times, stepping right beside left on count 12.
13	5	Making 1/4 turn right on ball of right, point left to left side.
14-16	6-8	Repeat step 13 three more times, stepping left forward on count 16.
		Arm moves:
(1-16)	(1-16)	<i>During the entire tag, you are rolling your fists around each other in front of your body. You could roll forward on the vine right, and backward on the vine left. You can roll them one revolution per count, or for a more exciting look, try two revolutions per count. You can also try to turn all of those 1/4 paddle turns into 1/2 turns so that you do two full turns to the left and then two full turns to the right. Rolling your arms while turning your body tests the laws of physics so it may not be as easy as it sounds. And rolling at double speed while spinning at double speed is downright frightening!</i>

Starting wall

According to the Fédération d'Association de Kinetic Exactitude (F.A.K.E.), the official starting direction for this dance is 35 degrees East of Magnetic North. However, the committee has agreed that, under certain conditions, it is acceptable to begin the dance facing the 3:00 wall (1/4 turn to the right of your normal starting wall). The 1/4 turn on count 4 then brings you to the front wall. It is also acceptable to begin the dance facing the 12:00 wall (a.k.a. the "Front" wall), though doing so on a dance floor where everyone else is starting elsewhere could lead to laughter, so that is highly contra-indicated.

Truthfully, you will find that some dancers start at 12:00, and some start at 3:00. Somewhere, probably, there is someone starting 35 degrees East of Magnetic North. As long as the dancers can agree on a common start direction during the lengthy intro to the song, nobody really cares at all which way this dance begins. It's a FOUR WALL dance. It faces ALL DIRECTIONS!

If you are having trouble coming to an agreement with your neighboring dancers during the intro, please return to your chair, collect your belongings, access the egress, employ cartage to your abode, consume a Valium, apply a cool compress to your ocular region, and assume a horizontal position in a darkened sanctum. Your angst level is WAAAY too high.

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