

I Showed You The Door

64 count, 4 wall, intermediate level
Choreographer: Ria Vos, January 2024
Choreographed to: "The Door" by Teddy Swims

Intro: 32 Counts

Section 1 Heel Grind, Behind, Side, Cross Rock, Chasse Right

1 2 Heel Grind R Over L, Step L to L Side
3 4 Step R Behind L, Step L to L Side
5 6 Cross Rock R Over L, Recover on L
7&8 Step R to R Side, Step L Next to R, Step R to R Side

Section 2 Cross, 1/4 L, Back Rock, Full Turn, Step, Scuff

1 2 Cross L Over R, 1/4 L Step Back on R (9:00)
3 4 Rock Back on L, Recover on R
5 6 1/2 R Step Back on L, 1/2 R Step Fwd on R
7 8 Step Fwd on L, Scuff R Next to L

Section 3 Jazz Box 1/4 R Cross, Kick, Behind, Side, Cross

1 2 Cross R Over L, 1/4 R Step Back on L (12:00)
3 4 Step R to R Side, Cross L Over R
5 6 Kick R to R Diagonal, Step R Behind L
7 8 Step L to L Side, Cross R Over L

Section 4 Close, Swivel Heels+Toes, Hitch, Side, 1/2 L Hitch, Side, Scuff

1 2 Step L Next to R, Swivel Heels L
3 4 Swivel Toes L, Hitch R
5 6 Step R to R Side, Hitch L Turning 1/2 L (6:00)
7 8 Step L to L Side, Scuff R Next to L

*** Restart Wall 2 (3:00)

Section 5 1/8 L Step, Lock, Step-Lock-Step, Rock Step, Back 1/4 L, Point

1 2 1/8 L Step Fwd on R, Lock L Behind R (4:30)
3&4 Step Fwd on R, Lock L Behind R, Step Fwd on R
5 6 Rock Fwd on L, Recover on R
7 8 Step Back on L (dip down) 1/4 L, Point R to R Side (come up) (1:30)

Section 6 Hip Bumps, 1/4 R, Hitch 1/2 R, Back, Drag, Back Rock

1 2 Bump R to R Side, Bump L to L Side
3 4 1/4 R Step Fwd on R, Hitch L into 1/2 Turn R (10:30)
5 6 Step Back on L, Drag R Towards L
7 8 Rock Back on R, Recover on L

Section 7 Hip Turn 1/2 L, Hip Turn 1/2 L, Rocking Chair

1 2 Step on R Toe Fwd with Hip Bump, Recover, 1/2 Turn L Step Back on R (4:30)
3 4 Step on L Toe Back with Hip Bump, Recover, 1/2 Turn L Step Fwd on L (10:30)
5 6 Rock Fwd on R, Recover on L
7 8 Rock Back on R, Recover on L

Section 8 1/8 L Side, Behind, 1/4 R, Step Pivot 1/2 R, Step Fwd, 1/2 L, 1/4 L

1 2 1/8 L Step R to R Side, Step L Behind R (9:00)
3 4 1/4 R Step Fwd on R, Step Fwd on L (12:00)
5 6 Pivot 1/2 Turn R, Step Fwd on L (6:00)
7 8 1/2 L Step Back on R, 1/4 L Step to L Side (9:00)

Restart: Wall 2 after 32 counts facing 3:00

Quelle:

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