

## If This Is Love

64 count, 2 wall, intermediate level

Choreographer: Neville Fitzgerald & Julie Harris (July 2008)

Choreographed to: "If This Is Love" by The Saturdays, starts on vocals (32 counts)

### Section 1 Kick & Point, Sailor 1/4 Turn, Rock, Recover, Full Turn

- 1&2 Kick forward Right, step Right next to Left, point Left to Left side
- 3&4 Cross step Left behind Right, make 1/4 turn Left stepping Right next to Left, step Left next to Right
- 5-6 Rock forward on Right, recover on Left
- 7-8 Make 1/2 turn to Right stepping forward Right, 1/2 turn to Right stepping back on Left

### Section 2 Back, Coaster Heel & Step, Step 1/4, Cross Shuffle

- 1-2&3 Step back on Right, step back on Left, step Right next to Left, touch Left Heel forward
- &4 Step Left next to Right, step forward on Right
- 5-6 Step forward on Left, pivot 1/4 turn to Right
- 7&8 Cross step Left over Right, step Right to side, cross step Left over Right

### Section 3 & Cross, Side, Rock & Side, Behind, 1/4, Right Lock Step

- &1-2 Step Right to Right side, cross step Left over Right, step Right to Right side
- 3&4 Cross rock Left behind Right, recover Right, step Left to Left side
- 5-6 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left
- 7&8 Step forward on Right, lock Left behind Right, step forward on Right

### Section 4 Rock, Recover, 3/4 Triple, Step, 1/2, 1/4, Cross

- 1-2 Rock forward on Left, recover on Right
- 3&4 Make 3/4 turn to Left stepping L-R-L
- 5-6 Step forward on Right, make 1/2 turn to Right stepping back on Left
- 7-8 1/4 turn to Right stepping Right to Right side, cross step Left over Right

### Section 5 Chasse Right, Rock Step, Kick & Cross, Kick & Cross

- 1&2 Step Right to Right side, step Left next to Right, step Right to Right side
- 3-4 Cross rock Left behind Right, recover on Right
- 5&6 Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left
- 7&8 Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left

### Section 6 & Cross, Side, Sailor 1/4, Step, 1/2 Pivot, Ball Step, Step

- &1-2 Step Left to Left side, cross step Right over Left, step Left to Left side
- 3&4 Cross step Right behind Left, make 1/4 turn Right stepping Left next to Right, step Right next to Left
- 5-6 Step forward Left, pivot 1/2 turn to Right
- &7-8 Step Left next to Right, step forward Right, step forward Left
- Note:** Restart occurs here on walls 2 and 4

### Section 7 Touch, Touch, Hitch & Step, Step, Point & Point & Point

- 1-2 Touch Right toe forward, touch Right toe back
- 3&4 Hitch Right knee forward, step Right next to Left, step forward on Left
- 5-6& Step forward on Right, point Left toe to Left side, step Left next to Right
- 7&8 Point Right toe to Right side, step Right next to Left, point Left toe to Left side

### Section 8 Touch, Touch, Hitch & Step, Rock, Recover, Coaster Step

- 1-2 Touch Left toe forward, touch Left toe back
- 3&4 Hitch Left knee forward, step Left next to Right, step forward on Right
- 5-6 Rock forward on Left, recover on Right
- 7&8 Step back on Left, step Right next to Left, step forward on Left

**Restart:** Walls 2&4: Dance up to and including count 8, section 6. Then restart from beginning.

Quelle:

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