

Life Without U

64 count, 4 wall, intermediate level

Choreographer: Maggie Gallagher (UK), February 2009

Choreographed to: "My Life Would Suck Without You" by Kelly Clarkson (147 bpm), 32 count intro (13 seconds)

Section 1 Step, Pivot 1/2, Forward Shuffle, Full Turn, Forward Rock

- 1-2 Step right forward. Pivot 1/2 turn left (6:00)
- 3&4 Step right forward. Close left beside right. Step right forward
- 5-6 Make 1/2 turn right stepping left back. Make 1/2 turn right stepping right forward
- 7-8 Rock forward on left. Recover onto right

Section 2 Back Strut, Back, 1/2 Turn, Walk, Hold, 3/4 Turn

- 1-2 Step back on left toe. Drop left heel taking weight
- 3-4 Walk back on right. Make 1/2 turn left stepping left forward (12:00)
- 5-6 Walk forward on right. Hold
- 7 Make 1/2 turn right stepping left back
- 8 Make 1/4 turn right stepping right to right side (9:00)

Section 3 Cross Rock, Chasse, Weave

- 1-2 Cross rock left over right. Recover onto right
- 3&4 Step left to left side. Close right beside left. Step left to left side
- 5-6 Cross right over left. Step left to left side
- 7-8 Cross right behind left. Step left to left side (9:00)

Section 4 Cross Rock, Chasse, 1/2 Hinge Turn x 2, 1/2 Hinge Turn With Side Rock

- 1-2 Cross rock right over left. Recover onto left
- 3&4 Step right to right side. Close left beside right. Step right to right side
- 5 Make 1/2 hinge turn right stepping left to left side
- 6 Make 1/2 hinge turn right stepping right to right side
- 7-8 Make 1/2 hinge turn right rocking out to left side. Recover onto right (3:00)

Section 5 Stomp, Hold, Heel Taps, Together, Touch, Hold, Hip Bumps

- 1-2 Stomp left beside right. Hold
- 3&4 Tap right heel forward. Step right beside left. Tap left heel forward
- &5-6 Step left beside right. Touch right beside left. Hold
- 7-8 Step right to right side bumping hips right. Bump hips left hitching right knee

Section 6 Chasse, Back Rock, Chasse, Back Rock

- 1&2 Step right to right side. Close left beside right. Step right to right side
- 3-4 Rock back on left. Recover onto right
- 5&6 Step left to left side. Close right beside left. Step left to left side
- 7-8 Rock back on right. Recover onto left

Section 7 1/2 Monterey Turn x 2

- 1-2 Point right to right side. Make 1/2 turn right stepping right beside left (9:00)
- 3-4 Point left to left side. Step left beside right
- 5-6 Point right to right side. Make 1/2 turn right stepping right beside left (3:00)
- 7-8 Point left to left side. Step left beside right

Option : *Arms: During chorus, raise arms when pointing leg, then lower when turning*

Section 8 Rocking Chair, Toe Strut x 2

- 1-2 Rock forward on right. Recover onto left
- 3-4 Rock back on right. Recover onto left
- 5-6 Step right toe forward. Drop right heel taking weight
- 7-8 Step left toe forward. Drop left heel taking weight

Tag : **Danced once at the end of Walls 1 and 3, and danced twice at the end of Wall 5: Right Jazz Box**

- 1-2 Cross right over left. Step left back
- 3-4 Step right to right side. Step left beside right

Quelle:

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