

Light Me Up

32 count, 2 wall, improver level

Choreographer: José Miguel Belloque Vane & Guillaume Richard, March 2022

Choreographed to: "Flames" by R3HAB, ZAYN & Jungleboi

Intro: 16 Counts, start at approx. 12 secs

Section 1 Out-Out, Clap, Step-Lock-Step, Cross-Side-Behind, Behind-Side-Cross

&1-2 Step out R back, Step out L to L, Clap both hands above your head
3&4 Step R fwd, Cross L behind R, Step R fwd and sweep L from back to front
5&6 Cross L over R, Step R to R, Cross L behind R and sweep R from front to back
7&8 Cross R behind L, Step L to L, Cross R over L

Section 2 Step-Touch, Side, Behind, 1/4 turn Step, Step 1/2 turn, Step with Hitch, Step, Out-Out-In-Cross

&1-2 Step L to L, Touch R toes behind L, Step R to R
3&4& Cross L behind R, Make 1/4 turn R stepping R fwd, Step L fwd, Make 1/2 turn R stepping on R (9:00)
5-6 Step L fwd and raise on L toes as you hitch R knee, Step R fwd *** wall 3 Restart w. step change
7&8& Step out L to L, Step out R to R, Step in L back to center, Cross R over L

Restart *On wall 3 replace counts 7-8 with 1/4 Left, Touch*
7-8 *Make 1/4 turn L stepping on L, Touch R next to L*

Section 3 Lunge, 1/4 turn, 1/2 Step Back, Coaster Step, Step, Step-Lock-Step

1-2 Step L to L and bend L knee to go lower, Make 1/4 turn R stepping on R fwd (12:00)
3-4& Make 1/2 turn R stepping L back, Step R back, Step L next to R (6:00)
5-6 Step R fwd, Step L fwd
7&8 Step R fwd, Cross L behind R, Step R fwd

Section 4 Mambo Fwd, Mambo Back, Step Touch x2, Step Back & Drag

1&2 Step L fwd, Recover on R, Step L back
3&4 Step R back, Recover on L, Step R fwd
5&6& Step L fwd onto L diagonal, Touch R next to L, Step R fwd onto R diagonal, Touch L next to R
7-8 Step L back, Drag R next to L

Quelle:

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