

# Liquid Lunch

64 count, 2 wall, intermediate level

Choreographer: Peter Metelnick & Alison Biggs (UK), May 2013

Choreographed to: "Liquid Lunch" by Caro Emerald, 112 bpm, CD "The Shocking Miss Emerald)

32 count intro – start when bet kicks in on verse vocal

## Section 1 Forward Right Left, Apart & Bounce, Heel Jack, Cross, Side

1-2 Step right forward. Step left forward  
&3&4 Step right apart. Step left apart. Raise heels. Drop heels down (weight onto left)  
5&6& Cross right over left. Step left back. Touch right heel forward. Step right back  
7-8 Cross left over right. Step right to right side

## Section 2 1/4 Coaster, Charleston Coaster, Ball Step x 2

1 Sweeping left to back turn 1/4 left and step left back  
&2 Step right beside left. Step left forward (9:00)  
3-4 Touch right forward. Step right back  
5&6 Step left back. Step right beside left. Step left forward  
&7&8 Step right behind left. Step left forward. Step right behind left. Step left forward

## Section 3 Step, Pivot 1/2, Step, Pivot 1/4, Syncopated Cross Rock, Toe Switches, Step

1-4 Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/4 turn left (12:00)  
5&6& Cross rock right over left. Recover onto left. Touch right to side. Step right beside left  
7&8 Touch left to side. Step left beside right. Step right forward

## Section 4 Forward Rock, Back, Touch, Step, Step, Pivot 1/2, Forward Shuffle

1-2& Rock forward on left. Recover onto right. Step left back  
3-6 Touch right beside left. Step right forward. Step left forward. Pivot 1/2 turn right (6:00)  
7&8 Step left forward. Close right beside left. Step left forward

## Section 5 Side Rock & Side Rock, 1/2 Turn Coaster, Step, Pivot 1/2

1-2& Rock right to right side. Recover onto left. Step right beside left  
3-4 Rock left to left side. Recover onto right  
5&6 Turning 1/2 left sweep left to back and step left back. Step right beside left. Step left forward  
7-8 Step right forward. Pivot 1/2 turn left (6:00)

**Restart:** *Walls 2 and 4 : Start the dance again (facing front wall)*

## Section 6 Step, Hold, & Step, Touch Forward, Touch Back, 1/2 Turn, 1/2 Turn, 1/4 Turn

1-2& Step right forward. Hold. Step left beside right  
3-4 Step right forward. Touch left forward  
5-6 Touch left back. Turn 1/2 left taking weight onto left (12:00)  
7-8 Turning 1/2 left step right back. Turning 1/4 left step left to left side (3:00)

## Section 7 Cross Samba x 2, Cross, 1/4 Turn, Ball Cross Ball Cross

1&2 Cross right over left. Rock left to side. Recover onto right  
3&4 Cross left over right. Rock right to side. Recover onto left  
5-6 Cross right over left. Turning 1/4 right step left back (6:00)  
&7&8 Step right back. Cross left over right. Step right to right side. Cross left over right

## Section 8 Step, Kick, Back, Behind & Step, Kick, Coaster Step

1-3 (To right diagonal) Step right forward. Kick left forward. Step left back (7:30)  
4& Step right behind left. Step left to side (squaring up to wall) (6:00)  
5-6 (To left diagonal) Step right forward. Kick left forward (4:30)  
7&8 Step left back. Step right beside left squaring up to wall. Step left forward (6:00)

Quelle:

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