J©lly Dancers e.v.

Mates of Soul

64 count, 2 wall, intermediate/advanced level

Choreographer: Gary O'Reilly, Guillaume Richard, Niels Poulsen, Oktober 2017 Choreographed to: "The Mates Of Soul" by Taylor John Williams (Remastered)

Intro: Start on the second "Honey" – 1 second into track

Section 1 1 – 3 4&5 6&7 8&1	Monterey Turn, Sweep, Weave, Hitch, Behind ball Step, Kick Ball Step Point R to R side, Turn 1/2 R stepping R next to L, sweep L from back to front (6:00) Cross L over R, Step R to R side, Cross L behind R Hitch R from front to back, cross R behind L, Step L fwd Kick R fwd, Step R next to L on ball, Step L fwd
Section 2 2&3 - 4 &5 6&7 8 &	Shorty George, Rock Step, Together, 1/2 turn Step, Triple Full Turn, Together, Back R Step R fwd, Step L fwd, Rock R fwd, Recover on L Step R next to L, Turn 1/2 L stepping LF fwd (12:00) Turn 1/2 L stepping back R, Turn 1/2 L stepping L fwd, Step R fwd (12:00) Step L next to R * <i>2nd restart here, on wall 6, facing 6:00</i> Step back R
Section 3 1-2 &3-4 5-6 &7-8	Big step back L, Drag, Ball Step, 1/4 L Side Step R, Cross & Hitch, Behind Side Cross Step L a big step back, Drag R next to L Step R next to L, Step L fwd, Turn 1/4 L stepping R to R side (9:00) Cross L behind R and Hitch R knee, Make 1/2 circle from front to back with R knee Cross R behind L, Step L to L side, Cross R over L
Section 4 &1 2&3 4&5 6 - 7 - 8	Ball Step with 1/8 L, Toe Strut & Hip Bump, Step 3/8 L, Rock, Hitch, Behind, Point LTurn 1/8 R stepping L to L side, Step R next to L (10:30)Touch L toes fwd (weight on R) and bump hips fwd, Bump hips back, Step on LStep R fwd, Turn 3/8 L stepping on L, Rock R fwd (6:00)Recover on L hitching R knee, Cross R slightly behind L, Point L to L side* Ist restart here, on wall 2, facing 12 :00 (add &: Step L next to R and restart)
Section 5	Ball Step Diagonally, Step & Hitch, Fwd R, L Mambo Step, Drag, Ball Step, 1/8 Mambo
&1-2 3 - 4& 5 - 6 &7 - 8&	Step L next to R, Turn 1/8 R stepping R fwd, Step L next to R Hitching R knee (7:30) Step R fwd, Rock L fwd, Recover on L Step back L, Drag R next to L Step R next to L, Step L fwd, Turn 1/8 L rocking R to R side, Recover on L (6:00)
3 - 4& 5 - 6	Step L next to R, Turn 1/8 R stepping R fwd, Step L next to R Hitching R knee (7:30) Step R fwd, Rock L fwd, Recover on L Step back L, Drag R next to L
3 - 4& 5 - 6 &7 - 8& Section 6 1 - 2&3 4&5 6&7	 Step L next to R, Turn 1/8 R stepping R fwd, Step L next to R Hitching R knee (7:30) Step R fwd, Rock L fwd, Recover on L Step back L, Drag R next to L Step R next to L, Step L fwd, Turn 1/8 L rocking R to R side, Recover on L (6:00) Cross, Hold & Cross, 1/2 turn Cross Shuffle, Mambo Cross x2 Cross R over L, HOLD, Step L to L side, Cross R over L Turn 1/4 L stepping L fwd, Turn 1/4 L stepping R next to L, Cross L over R (12:00) Rock R to R side, Recover on L, Cross R over L
3 - 4& 5 - 6 &7 - 8& Section 6 1 - 2&3 4&5 6&7 &8& Section 7 1 - 2 - 3 4&5 6&7&	 Step L next to R, Turn 1/8 R stepping R fwd, Step L next to R Hitching R knee (7:30) Step R fwd, Rock L fwd, Recover on L Step back L, Drag R next to L Step R next to L, Step L fwd, Turn 1/8 L rocking R to R side, Recover on L (6:00) Cross, Hold & Cross, 1/2 turn Cross Shuffle, Mambo Cross x2 Cross R over L, HOLD, Step L to L side, Cross R over L Turn 1/4 L stepping L fwd, Turn 1/4 L stepping R next to L, Cross L over R (12:00) Rock R to R side, Recover on R, Cross L over R R side rock, 1/4 L & Flick, Fwd R, Step Lock Step, Rocking Chair with 1/4 turn Rock R to R side, Turn 1/4 L stepping L next to R and Flick R back, Step R fwd (9:00) Step L fwd, Cross R behind L, Step L fwd Rock R fwd, Recover on L turning 1/8 L, Rock R back, Recover on L turning 1/8 L (6:00)

Quelle:

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