

Mercy

48 count, 4 wall, intermediate level

Choreographer: Kate Sala (UK), February 2008

Choreographed to: "Mercy" by Duffy

Section 1 Step, Pivot 1/2 Turn, Step, Mambo Step, Touch Behind, Reverse 1/2 Turn, Side Rock

- 1, 2, 3 Step forward on right, pivot 1/2 turn left, step forward on right
- 4&5 Rock forward on left, rock back on right, step back on left
- 6, 7 Touch right toe behind, pivot 1/2 turn right
- 8, 1 Rock on left out to left side, recover on to right

Section 2 Weave Right, Side Rock Right, Weave Left

- 2, 3, 4 Cross left over right, step right to right side, cross left behind right
- 5, 6 Rock out on right to right side, recover on to left
- 7, 8 Cross right behind left, step left to left side

Section 3 Step Together, Heel Bounce Twice With 1/4 Turn Left, Coaster Step, Walk Twice, Mambo Step 1/4 Turn Right

- 1, 2, 3 Step right next to left, bounce heels twice completing a 1/4 turn left
As you lift the heels pop your knees forward
- 4&5 Step back on left, step right next to left, step forward on left
- 6, 7 Walk forward on right, left
- 8&1 Rock forward on right, rock back on left, turn 1/4 right stepping right to right side

Section 4 Swivel In Toe, Heel, Left Sailor Step, Sway Hips Right, Left, Right Sailor Step

- 2, 3 Swivel left toe in, swivel left heel in (keep weight on right)
- 4&5 Cross left behind right, step right to right side, step left in place
- 6, 7 Sway hips right, sway hips left
- 8&1 Cross right behind left, step left to left side, step right in place

Section 5 Kick, Touch Back, Kick Ball Change, Toe Strut, Mambo Step

- 2, 3 Kick left forward, touch left toe back
- 4&5 Kick left forward, step down on ball of left, step right in place
- 6, 7 Toe strut forward on left
- 8&1 Rock forward on right, rock back on left, step back on right

Section 6 Walk Back Twice, Coaster Step With 1/4 Turn Right, Full Turn Left, Shuffle

- 2, 3 Walk back on left, right
- 4&5 Turn 1/4 right stepping back on left, step right next to left, step forward on left
- 6, 7 Turn 1/2 left stepping back on right, turn 1/2 left stepping forward on left
- 8& Step forward on right, step left next to right
Step forward on right to complete the shuffle but this step is count 1 starting again

Restart: *There is a 3 count hold with a restart on wall 6 after count 21*

Quelle:

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