

No Man's Land

32 count, 2 wall, intermediate level

Choreographer: Ria Vos (NL), July 2013

Choreographed to: "No Man's Land" by LeAnne Mitchell

8 count intro (approx.. 10 secs)

Section 1 Side, Behind, 1/4 Turn, 1/4 Turn, Sailor 1/4 Turn, Full Turn, Back, Coaster Cross

1-2& Step right to right side. Cross left behind right. Turn 1/4 right and step right forward
 3 Turn 1/4 right stepping left to left side (6:00)
 4& Cross right behind left turning 1/4 right. Step left beside right (9:00)
 5-6 Step right forward. Pivot 1/2 turn left (3:00)
 &7 Turn 1/2 left stepping right small step back. Step left small step back (9:00)
 8&1 Step right back. Step left beside right. Step right forward and across left

Section 2 Side Rock, Cross, 1/4 Turn, 1/2 Turn, Point, 1/2 Turn/Sweep, Cross, Side, Cross

2&3 Rock left to side. Recover onto right. Step left forward and across right
 4&5 Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Point right to side
 6 Turn 1/4 right stepping right forward and sweeping left into another 1/4 turn right
 7 Cross left over right (6:00)
 8& Step right to right side. Cross left over right

Section 3 Basic Right, Side, Behind, 1/4, Side, Behind, Side, Cross Rock, Side Rock, Behind

1-2& Step right to right side. Rock back on left. Recover onto right
 3-4& Step left to left side. Cross right behind left. Turn 1/4 left stepping left forward (3:00)
 5-6& Step right to right side. Cross left behind right. Step right to right side
 7& Cross rock left over right. Recover onto right
 8&1 Rock left to side. Recover onto right. Cross left behind right sweeping right to back

Section 4 Back Rock, Step, Pivot 3/4, Side, Touch, Back, Kick Ball Cross

2-3 Rock back on right. Recover onto left
 4& Step right forward. Pivot 3/4 turn left (6:00)
Restart Wall 1: Start the dance again from the beginning (facing 6:00).
Tag+Restart Wall 6: Add 2-count Tag then Restart the dance (facing 12:00).
 5-6 Step right to right side. Angling body left, point left to left diagonal
 7 (Straightening up to wall) Step left back
 &8& Kick right forward to right diagonal. Step right beside left. Cross left over right

Tag: Wall 6: After count 28 add 2 Sways

1-2 Step right to side and sway right. Sway left (weight onto left)
 Then start the dance again from the beginning

Quelle:

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