

Porushka Poranya

32 count with 16 count intro, 4 wall, beginner level

Choreographer: Gary Lafferty (UK), March 2003

Choreographed to: 'Porushka Paranya' by Bering Strait (132 bpm) from Bering Strait CD

Choreographers notes: Dance 16 count 'Intro' once after 32 count vocal intro on track. Then continue dancing 'The Dance'.

After dancing 8 walls the music will come to a complete stop. You will be facing front. Hold for three counts then dance 9th and final wall to finish of track. Change last Shuffle 1/2 Turn, to 3/4 turn to end facing front.

Intro Danced once following 32 count vocal intro on song.

Section 1 Step, Clap Clap, Step Clap Clap, Step 1/4 Pivot Left x 2.

1&2 Step forward on right. Clap hands twice.

3&4 Step forward on left. Clap hands twice.

5-6 Step forward right. Pivot 1/4 turn left.

7-8 Step forward right. Pivot 1/4 turn left.

Section 2 Step, Clap Clap, Step Left Clap Clap, Forward Rock, Shuffle 1/2 Turn.

1&2 Step forward on right. Clap hands twice.

3&4 Step forward on left. Clap hands twice.

5-6 Rock forward on right. Rock back onto left.

7&8 Shuffle back 1/2 turn right, stepping - Right, Left, Right.

Dance Danced after Intro just as fiddle kicks in (see note).

Section 1 Left Shuffle, Step 1/2 Pivot, Heel Switches and Claps.

1&2 Step forward left. Close right beside left. Step forward left.

3-4 Step forward on right. Pivot 1/2 turn left.

5&6 Touch right heel forward. Step right beside left. Touch left heel forward.

&7&8 Step left beside right. Touch right heel forward. Clap hands twice.

Section 2 Back Shuffle, Back Rock, Step, Brush, Step Brush.

1&2 Step back right. Close left beside right. Step back right.

3-4 Rock back on left. Rock forward on right.

5-6 Step forward left. Brush right forward.

7-8 Step forward right. Brush left forward.

Section 3 Forward Rock, 1/4 Turn Touch, Rolling Full Turn Right, Touch.

1-2 Rock forward on left. Rock back onto right.

3-4 Make 1/4 turn left and step left to left side. Touch right beside left.

5-6 Step right 1/4 turn right. Make 1/2 turn right stepping back onto left.

7-8 Make 1/4 turn right stepping right to right side. Touch left beside right and clap.

Section 4 Side, Together, Step Heel Split, Forward Rock, Shuffle 1/2 Turn.

1-2 Step left to left side. Step right beside left.

3&4 Step forward left. Split heels apart. Bring heels together.

5-6 Rock forward on right. Rock back onto left.

7&8 Shuffle step 1/2 turn right, stepping - Right, Left, Right (tracking back).

Quelle:

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