$J @ Ily Dancers {\it e.v.}$

Pot Of Gold

64 count, 4 wall, intermediate level, smooth/irish Choreographer: Liam Hrycan (UK), November 1998

Choreographed to: "Dance Above The Rainbow" by Ronan Hardiman (117 bpm)

Intro 16 Counts

Section 1 1&2 3&4 5, 6 7, 8	R Sailor Step, L Sailor Step, R Behind, Unwind (Full-R), L Side Rock Step RF behind left, step left foot to left side, step RF to right side Step LF behind right, step RF to right side, step LF to left side Cross RF behind left, unwind a full turn right in place over right shoulder (weight ending on RF) Rock LF to left side, recover weight onto RF
Section 2 1&2 3&4 5, 6 7, 8	L Sailor Step, R Sailor Step, L Behind, Unwind (Full-L), R Side Rock Step LF behind right, step RF to right side, step LF to left side Step RF behind left, step LF to left side, step RF to right side Cross LF behind right, unwind a full turn left in place over left shoulder (weight ending on LF) Rock RF to right side, recover weight onto LF
Section 3 1&2 3, 4 5&6 7, 8	R Chasse, L Cross Rock, L Chasse, R Cross Rock Step RF to right side, step LF to place beside right, step RF to right side Cross rock LF over right, recover weight back onto RF Step LF to left side, step RF to place beside left, step LF to left side Cross rock RF over left, recover weight back onto LF
Section 4 1&2 3, 4 5, 6 7&8	R Chasse (1/4-R), L Step, 1/2 Pivot R, Forward Full Rolling Turn R (L,R), L Shuffle Fwd Step RF to right side, step LF to place beside right, step RF to right side a 1/4 turn right Step LF forward, pivot a 1/2 turn right Step LF forward a 1/2 turn right, step RF back a 1/2 turn right Step LF forward, step RF to place beside left, step LF forward
Section 5 1&2 3&4 5, 6 7& 8&	R Mambo Rock Back, L Mambo Rock Fwd, R Step, 1/2 Pivot L, R Stomp Fwd, L Stomp Fwd Rock RF forward, recover weight back onto LF, step RF back Rock LF back, recover weight onto RF, step LF forward Step RF forward, pivot a 1/2 turn left Stomp RF forward, clap hands (every wall apart from the 1 st Wall) Stomp LF forward, clap hands (every wall apart from the 1 st Wall)
Section 6 1-8&	R Mambo Rock Back, L Mambo Rock Fwd, R Step, 1/2 Pivot L, R Stomp Fwd, L Stomp Fwd Repeat Counts 1-8& of section 5
Section 7 1-3 &4& 5-7 &8&	L Weave With R Heel Touch, R Weave With L Heel Touch, Step RF over left, step LF to left side, step RF behind left Step LF beside right, touch right heel forward to right diagonal, step RF to place beside left Step LF over right, step RF to right side, step LF behind right Step RF beside left, touch left heel forward to left diagonal, step LF to place beside right
Section 8 1, 2 3, 4 5&6 7, 8	Jazzbox (1/2-R) With L Stomp Beside R, L Chasse, R Stomp/Kick Step RF over left, step LF back a 1/4 turn right Step RF to right side a 1/4 turn right, stomp LF to place beside right (no weight transfer) Step LF to left side, step RF to place beside left, step LF to left side Stomp RF to place beside left, kick RF forward to right diagonal

Quelle:

http://www.pogworld.co.uk/.

www.jolly-dancers.de 24.06.2010