

Rama Lama Ding Dong

Jolly-Dancers

Choreographer : Susanne Schalewa & Gert Wollschläger

Descriptipn : Four Wall Line Dance

Level : Beginner/ Intermediate

Counts : 32 + Tag

Music: "Rama Lama Ding Dong" by Rocky Sharpe & The Replays

CROSS, SIDE, SAILOR STEP, KICK BALL STEP

- 1 LF Cross in front of RF
- 2 RF step to right side
- 3 LF Cross behind RF
- & RF step to right side
- 4 LF step to left side
- 5 RF Kick diagonal left
- & RF Step together
- 6 LF Step to left side
- 7 RF Kick diagonal left
- & RF Step together
- 8 LF Step to left side

CROSS, SIDE, SAILOR STEP, KICK BALL STEP

- 9 RF Cross in front of LF
- 10 LF step to left side
- 11 RF Cross behind LF
- & LF step to left side
- 12 RF step to right side
- 13 LF Kick diagonal right
- & LF Step together
- 14 RF Step to right side
- 15 LF Kick diagonal right
- & LF Step together
- 16 RF Step to right side

CROSS SHUFFLE, 1/4 TURN RIGHT & SHUFFLE FORWARD, 1/4 RIGHT & CHASSÉ LEFT, 1/4 SAILOR TURN RIGHT

- 17 LF Cross in front of RF
- & RF Step to right side
- 18 LF Cross in front of RF
- 19 1/4 Turn right,
RF Step forward
- & LF Step Together
- 20 RF Step forward
- 21 1/4 Turn right on ball of right,
LF Step to left side
- & RF Step together
- 22 LF Step to left side
- 23 RF Cross behind LF
- & 1/4 Turn right,
LF Step back
- 24 RF Step forward

BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH

- 25 LF Step on ball next to RF, turn left knee in
- 26 RF Step on ball in place, turn right knee in
(weight is on both balls, knees pointed inward,
heels are up)
- 27 LF Step on heel in place, turn knee out
- 28 RF Step on heel in place, turn knee out
(weight is on both heels, knees pointed
outward, toes are up)
- 29 turn toes to the front and step down, bend
both knees
- 30 put weight on both heels, straight legs, turn
toes out
- 31 turn toes to the front and step down, bend
both knees
- 32 LF Hitch, Straight right leg

Attention!

After the second wall is a really short break in the music. Hold the Hitch a bit longer and start again with the vocals.

Tag

At the end of the fifth wall dance til count 31 and hold count 32. Then dance the following steps:

- 1 (Rama) Turn left knee - inside to outside
- 2 (Lama) Turn right knee -inside to outside
- & bring both knees out
- 3 (Ding) bring both knees in
- & bring both knees out
- 4 (Ding) bring both knees in
- 5 (Rama) Turn left knee inside to outside
- 6 (Lama) Turn right knee inside to outside
- & bring both knees out
- 7 (Ding) bring both knees in
- & (Ding) bring both knees out
- 8 (Ding) bring both knees in
- 1 LF Touch next to RF
- 2 LF Touch heel left diagonal
- 3 LF Touch heel left diagonal

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