Sailing

32 count, 4 wall, intermediate level
Choreographer: Jo & John Kinser (UK) March 2006
Choreographed to: "Sailing" by Rod Stewart (64 bpm), "Greatest Hits" Album (32 count intro)

There is a 2 count tag at the end of wall 4.

Section 1	**Side, Back Rock, Step, Step Turn Step, Step Lock Step, Rock, Back Step**
1-2&	Step left to side, rock right back behind left, recover on left
3-4	Step right forward, step left forward
&5	Turn 1/2 right stepping onto right, step left forward
6&7	Step right forward, lock left behind right, step right forward
Option:	*6&7: full turn left - 1/2 stepping right back, 1/2 left forward, right forward*
8&1	Rock forward on left, recover onto right, step left back

Section 2	**Sweep, Sweep, Sweep & Cross, Rock & Cross, Turn Turn Cross**
2-3	Sweep right around and step back, sweep left around and step back
4&5	Sweep right around and cross behind left, step left to side, cross right over left
6&7	Rock left to side, recover onto right, cross left over right
8&	Turn 1/4 left stepping right back, turn 1/4 left stepping left to side
1	Cross right over left

Section 3	**Turn, Turn, Step, Rock Turn Step x 2, 1 3/4 Turn**
2&	Turn 1/4 right stepping left back, turn 1/4 right stepping right to side
3-4&	Step left forward, rock forward on right, recover onto left
5	Turn 1/2 right stepping right forward
6&7	Rock forward on left, recover onto right, turn 1/2 left stepping left forward
8&	Turn 1/2 left stepping right back, turn 1/2 left stepping left forward
1	Turn 1/4 left stepping right to side
Option:	*8&1: walk forward right & left, turn 1/4 left stepping right to side*

Section 4	**Back Rock Side x 2, Sway, Sway, Back Rock**
2&3	Rock left behind right, recover onto right, step left to left side
4&5	Rock right behind left, recover onto left, step right to right side
6-7	Sway left, transferring weight, sway right, transferring weight
8&	Rock left behind right, recover onto right

Tag	***Danced once at end of Wall 4***
1-2	Step left to side with sway, sway right, transferring weight