## Sea Salt Sally

96 count, 4 wall, easy intermediate level
Choreographer: Kate Sala (UK)
Choreographed to: "Sea Salt Sally" by Rick Guard, CD "Stop It \& Dance", 32 Count intro starting on vocals

Section 1 Step, Hold, Side Step, Hold, Coaster Step, Hold<br>1, 2, 3, 4 Step forward on R. Hold. Step L to L side. Hold<br>5, 6, 7, 8 Step back on R. Step L next to R. Step forward on R. Hold

## Section 2 Forward Lock Step, Hold, Rocking Chair

1, 2, 3, 4 Step forward on L. Lock step R behind L. Step forward on L. Hold
5, 6, 7, 8 Rock forward on R. Rock back on L. Rock back on R. Rock forward on L

## Section 3 Step, 1/2 Pivot, Step, Hold, Triple Full Turn R, Hold

1, 2, 3, 4 Step forward on R. Pivot $1 / 2$ turn L. Step forward on R. Hold. (Facing 6 o'clock)
$5,6,7,8$ Turn $1 / 2$ R stepping back on L. Turn $1 / 2$ R stepping forward on R. Step forward on L. Hold
Option: Easier option für 5, 6, 7, 8: Forward Lock Step. Hold
Section 4 Step, Hold, Side Step, Hold, Coaster Step, Hold
1, 2, 3, 4 Step forward on R. Hold. Step L to L side. Hold
5, 6, 7, 8 Step back on R. Step L next to R. Step forward on R. Hold

## Section 5 Forward Lock Step, Hold, Rocking Chair

1, 2, 3, 4 Step forward on L. Lock step R behind L. Step forward on L. Hold
5, 6, 7, 8 Rock forward on R. Rock back on L. Rock back on R. Rock forward on L

## Section 6 Step, 1/2 Pivot, Step, Hold, Triple Full Turn R, Hold

1, 2, 3, 4 Step forward on R. Pivot $1 / 2$ turn L. Step forward on R. Hold. (Facing 6 o'clock)
$5,6,7,8$ Turn $1 / 2$ R stepping back on L. Turn $1 / 2$ R stepping forward on R. Step forward on L. Hold
Option: $\quad$ Easier option für 5, 6, 7, 8: Forward Lock Step. Hold
Section 7 Toe Strut R, Rock Back, Toe Strut L, Rock Back
1, 2, 3, 4 Step on R toe to R side. Drop R heel. Rock back on L. Rock forward on R
$5,6,7,8 \quad$ Step on $L$ toe to $L$ side. Drop $L$ heel. Rock back on R. Rock forward on $L$.
Section 8 Weave R, Hold, Rock Back
1, 2, 3, 4 Step R to R side. Cross step L behind R. Step R to R side. Cross step L over R
5, 6, 7, 8 Step R to R side. Hold, Rock back on L. Rock forward on R
Section 9 Side Rock, Touch, Heel Dig, Touch, Side Rock, Step Together
1, 2, $3 \quad$ Rock out on $L$ to $L$ side. Recover on to $R$. Touch $L$ next to $R$
4,5 Dig L heel forward to L diagonal. Touch L toe next to R instep
6, 7, $8 \quad$ Rock out on $L$ to $L$ side. Recover on to $R$. Step $L$ next to $R$
Section 10 Coaster Cross, Hold, Scissor Step, Hold
1, 2, 3, 4 Step back on R. Step L next to R. Cross step R over L. Hold
5, 6, 7, 8 Step L to L side. Step R next to L. Cross step L over R. Hold
Section 11 Turn 1/4 L, Hold, Turn 1/4 L, Hold, Cross Rock, Side Rock
1, 2, 3, 4 Turn 1/4 L stepping back on R. Hold. Turn $1 / 4 \mathrm{~L}$ stepping L to L side. Hold.
5, 6, 7, 8 Cross rock R over L. Rock back on L. Rock out to R side on R. Recover on to $L$

## Section 12 Sailor Step With 1/4 Turn R, Hold, Step, Pivot 1/2 Turn R, Step, Hold

1, 2, 3, 4 Cross step R behind L. Turn 1/4 R stepping L to L side. Step forward on R. Hold
$5,6,7,8$ Step forward on L. Pivot $1 / 2$ turn R. Step forward on L. Hold.
Start Again. Enjoy!

Quelle:
www.katesala.net

