

## Sinfull

4 Wall Line Dance: 32 Counts. Intermediate Level

Choreographed by: Rob Fowler (UK) November 2005

Choreographed to: 'Like It Or Not' by Madonna (120 bpm) from Confessions On A Dance Floor Album  
(16 count intro after heavy beat)

### **Section 1 Syncopated Coaster Step, Mambo 1/2 Turn, 1/4 Turn Touch x 2**

- 1 - 2 Step back on left. Hold.
- & 3 - 4 Step right beside left. Step forward left. Step forward right.
- 5 & 6 Rock forward on left. Recover onto right. Make 1/2 turn left onto left.
- 7 Make 1/4 turn left touching right to right side.
- 8 Make 1/4 turn left touching right to right side.

### **Section 2 Syncopated Box Step, Touch, Press, Sailor Step**

- 1 - 2 Cross right over left. Hold.
- & 3 - 4 Step back on left. Step right to right side. Cross left over right.
- & 5 - 6 Touch right beside left. Press right ball diagonally forward right. Recover onto left.
- 7 & 8 Step right behind left. Step left beside right. Step right to right side.

### **Section 3 Syncopated Kicks & Knees, Cross, Full Unwind, Side**

- 1 & 2 Kick left diagonally right. Step left to side. Touch right beside left (bend knee).
- & 3 Step right to side. Touch left beside right, left knee bent.
- & 4 & Step left to side. Kick right diagonally left. Step right to right side.
- 5 - 6 Cross left over right. Unwind full turn right (weight on right).
- 7 - 8 Step left to left side. Hold.

### **Section 4 Left Weave, Rock & Cross, 3/4 Turn left, Mambo Full Turn Left**

- 1 & 2 Step right behind left. Step left to side. Step right in front of left.
- 3 & 4 Rock left to left side. Recover onto right. Cross left over right.
- 5 - 6 Turn 1/4 left stepping back right. Turn 1/2 left stepping forward left.
- 7 & 8 Step forward right. Turn 1/2 left (weight on left). Turn 1/2 left stepping back right.

Quelle:

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Music track available on the Crystal Boot Award Workshop CD 2006.

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