

Skyfall

32 count, 2 wall, intermediate level

Choreographer: Val Parry (UK), October 2012

Choreographed to: "Skyfall" by Adele

Intro 32 Counts, start on main vocals

Section 1 Forward Rock, Full Turn Back, Back Back Cross x2, 3/4 Turn

- 1-2& Forward Rock on Left, Recover on Right, Close Left to Right
- 3-4 Turn 1/2 right stepping forward on Right, Turn 1/2 right stepping back on Left
- &5 Step back on Right, Step Back on Left
- 6&7& Cross Right over Left, Step back on Left, Step back on Right, Cross Left over Right
- 8& Turn 1/4 left stepping back on Right, Turn 1/2 left stepping forward on Left (3:00)

Section 2 1/4 Side Rock Cross, Side Rock Cross, Side Drag and Cross, Side Rock

- 1-2& Turn 1/4 left rocking Right to right side, Recover on Left, Cross Right over Left (12:00)
- 3-4& Rock Left to left side, Recover weight on Right, Cross Left over Right
- 5-6& Long Step to right, drag Left to Right, Take weight on Left
- 7-8& Cross Right over Left, Rock Left to left side, Recover weight on Right

Restart *occurs here on wall 4*

Section 3 Mambo 1/4, Pivot Full Turn, Coaster Cross, Turn 1/4, Step Back, Back Rock

- 1-2& Rock forward on Left, Recover on Right, Turn 1/4 Left stepping forward on Left (9:00)
- 3&4& Step forward on Right, Pivot 1/2 left, Turn 1/2 stepping back on Right, Step back on Left
- 5-6& Step back on Right, Step together on Left, Cross Right in front of Left
- 7-8& Turn 1/4 Right stepping Left back, Rock back on Right, Recover on Left (12:00)

Section 4 Turn 1/2, Back Rock 1/2, Run around 1/2 Turn, Run Forward 2, Rocking Chair

- 1-2&3 Turn 1/2 left stepping back Right,
Rock back on Left, Recover on Right, Turn 1/2 right stepping back on Left
- 4&5 Run around 1/2 turn right stepping Right, Left, Right
- 6& Run forward Left Right
- 7&8& Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right (6:00)

Ending *The dance finishes on the back wall on count 32.*

To finish front Step forward on Left, Cross Right over Left and slowly unwind to the front.

Quelle:

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