

Southern Delight

4 Wall Line Dance: 32 Counts. Intermediate
Choreographed by: Rossella Corsi Lord and Fred Lord (USA) Feb 2002
Choreographed to: 'Levantando Las Manos by El Simbolo (130 bpm) from No Pares album
Music Suggestion: 'Stompin' by Fun Club from Fever 15; 'Little Drops of My Heart' by Keith Gattis;
'Tres Deseos (Three Wishes) by Gloria Estefan from Dance With Me soundtrack

Section 1 Chasse, 1/2 Turn, Chasse, 1/2 Turn, Chasse, 1/4 Turn, Rock

1 & 2 Step right to right side. Close left beside right. Step right to right side.
& On ball of right make 1/2 turn right.
3 & 4 Step left to left side. Close right beside left. Step left to left side.
& On ball of left make 1/2 turn right.
5 & 6 Step right to right side. Close left beside right. Step right to right side.
& On ball of right make 1/4 turn right.
7 - 8 Rock forward on left. Rock back onto right.
Option: During steps 1-6 you can wave arms in air.

Section 2 Left & Right Back Lock Steps, Back Rock, Right Kick Ball Change

1 & 2 Step back left. Lock right across left. Step back left.
3 & 4 Step back right. Lock left across right. Step back right.
5 - 6 Rock back on left. Rock forward on right.
7 & 8 Kick left forward. Step left beside right. Step right beside left.

Section 3 Step 1/2 Pivot Right, 3 x Hip Walks Forward

1 - 2 Step forward left. Pivot 1/2 turn right.
3 & 4 Step forward left, bumping hips - Forward, Back, Forward.
5 & 6 Step forward right, bumping hips - Forward, Back, Forward.
7 & 8 Step forward left, bumping hips - Forward, Back, Forward.

Section 4 Right Forward, Side, Sailor Step, Left Forward, Side, Sailor Step

1 - 2 Touch right toe forward. Touch right to right side.
3 & 4 Step right behind left. Step left to left side. Step right to right side.
5 - 6 Touch left toe forward. Touch left to left side.
7 & 8 Step left behind right. Step right to right side. Step left to left side.

Quelle:

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