

Southern Soul Bounce

32 count, 4 wall, beginner level

Choreographer: Roy Verdonk & Ira Weisburd, December 2022

Choreographed to: "Southern Soul Bounce" by Ms. Jody

Intro: 40 counts, start on vocal (app. 29 secs)

Section 1 Hip Bump L-R-L, Behind-Side-Cross, Chasse Left, Back Rock

1&2 Bump L hip to L, bump R hip to R, bump L hip to L

3&4 Step RF behind LF, step LF to L, cross RF over LF

5&6 Step LF to L, close RF beside LF, step LF to L

7 8 Rock back on RF, recover on LF

Section 2 Hip Bump R-L-R, Behind-Side-Cross, Chasse Right, Back Rock

1&2 Bump R hip to R, bump L hip to L, bump R hip to R

3&4 Step LF behind RF, step RF to R, cross LF over RF

5&6 Step RF to R, close LF beside RF, step RF to R

7 8 Rock back on LF, recover on RF

Section 3 Side-Rock-Step, Side-Rock-Step, Rocking Chair, Mambo Step

1&2 Rock LF to L, recover on RF, step LF forward

3&4 Rock RF to R, recover on LF, step RF forward

5&6& Rock LF forward, recover on RF, Rock LF back, recover on RF

7&8 Rock LF forward, recover on RF, step LF back

Section 4 Pony Back, Pony Back, Back Rock, 1/4 Left-Cross

1&2 Step RF small step back, step ball of LF beside RF, recover on RF

3&4 Step LF small step back, step ball of RF beside LF, recover on LF

5 6 Rock RF back, recover on LF

7&8 Step RF forward, turn 1/4 L on LF, cross RF over LF (9:00)

Quelle:

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