

Standing Still

32 count, 2 wall, easy intermediate level

Choreographer: Gabriele Jasser

Choreographed to: "Standing Still" by Roman Lob, 108 bpm

Start on vocals after 16 counts intro

Section 1 R Side, Hold, Behind, 1/4 Turn R, Step, 1/2 Turn R with Sweep, Behind, Side

- 1, 2 Step RF to right side, hold
- 3, 4 Cross LF behind RF, 1/4 turn right stepping forward on RF (3:00)
- 5, 6 Step LF forward, 1/2 turn right (keeping weight on LF!) sweeping RF from front to back (9:00)
- 7, 8 Step RF behind LF, small step LF to left side

Section 2 Cross, Hold, Recover, Side, Cross, Kick, Back, Close

- 1, 2 Cross RF over LF, hold
- 3, 4 Recover on LF, 1/8 turn right stepping RF forward (10:30)
- 5, 6 Step LF forward, kick RF to right diagonal (10:30)
- 7, 8 Step back on RF, turn 1/8 left and close LF beside RF (9:00)

Section 3 Step, Hold, Step 1/2 Turn Step, Hold, Full Turn Left

- 1, 2 Step forward on RF, hold
- 3, 4 Step forward on LF, 1/2 turn right (weight on RF) (3:00)
- 5, 6 Step forward on LF, hold
- 7, 8 1/2 turn left and step back with RF, 1/2 turn left and step forward on LF (3:00)

Option: *Easy option for count 7, 8 of section 3 (full turn):
Step RF, LF*

Section 4 Step, Hold, 1/4 Turn R and Back, Side, Cross, Hold, Full Unwind R

- 1, 2 Step forward on RF, hold
- 3, 4 1/4 turn right and step back on LF (6:00), step RF to right side
- 5, 6 Cross LF over RF, hold
- 7, 8 Full unwind right over 2 counts, ending with weight on LF

Option: *Easy option for counts 7, 8 of section 4 (full unwind):
Step RF to right side and sway right, sway to left side*

Tag: *This 4 count tag is necessary once after walls 2, 3, 5, 9 and twice after wall 7 – just listen to the music!!!
Sway, Hold, Sway, Hold*

- 1, 2 Sway to right side, hold
- 3, 4 Sway to left side, hold

Ending: *The music slows down at the end. Keep dancing through wall 10 until the unwind facing 12 o'clock.*