$J \odot Ily-Dancers$

Stitch It Up

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4 Wall Line Dance: 64 Counts. Beginner/Intermediate Level Choreographed by: Robbie McGowan Hickie (UK) April 2001

1 - 2 3 - 4 5 - 6 7 - 8 Section 2 9 - 10 11 - 12 13 - 14 15 - 16 Section 3 17 - 18 19 - 20 21 - 22 23 - 24	Step right to right side. Cross left behind right. Step right to right side. Hold. Rock back on left. Rock forward onto right. Extended Vine Left, Hold, Back Rock Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Hold. Rock back on right. Rock forward onto left. Toe Touches, Heel Hook, Right Lock Forward, Hold Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold. Toe Touches, Heel Hook, Left Lock Forward, Hold
5 - 6 7 - 8 Section 2 9 - 10 11 - 12 13 - 14 15 - 16 Section 3 17 - 18 19 - 20 21 - 22	Step right to right side. Hold. Rock back on left. Rock forward onto right. Extended Vine Left, Hold, Back Rock Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Hold. Rock back on right. Rock forward onto left. Toe Touches, Heel Hook, Right Lock Forward, Hold Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.
7 - 8 Section 2 9 - 10 11 - 12 13 - 14 15 - 16 Section 3 17 - 18 19 - 20 21 - 22	Rock back on left. Rock forward onto right. Extended Vine Left, Hold, Back Rock Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Hold. Rock back on right. Rock forward onto left. Toe Touches, Heel Hook, Right Lock Forward, Hold Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.
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15 - 16 Section 3 17 - 18 19 - 20 21 - 22	Rock back on right. Rock forward onto left. Toe Touches, Heel Hook, Right Lock Forward, Hold Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.
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17 - 18 19 - 20 21 - 22	Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.
19 - 20 21 - 22	Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.
21 - 22	Step forward right. Lock left behind right. Step forward right. Hold.
	Step forward right. Hold.
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23 - 24	Toe Touches, Heel Hook, Left Lock Forward, Hold
Section 4	
25 - 26	Touch left toe to left side. Touch left beside right.
27 - 28	Touch left heel forward. Hook left heel across right leg.
29 - 30	Step forward left. Lock right behind left.
31 - 32	Step forward left. Hold.
Section 5	Forward Rock, Back Step, Hold, Back Lock, Hold
33 - 34	Rock forward on right. Rock back onto left.
35 - 36	Step back on right. Hold.
37 - 38	Step back left. Lock right across front of left.
39 - 40	Step back left. Hold.
Section 6	Swings/ Sweeps Back x 3, Knee Bend
41 - 42	Swing/Sweep right out from front to back. Step back on right behind left.
43 - 44	Swing/Sweep left out from front to back. Step back on left behind right.
45 - 46	Swing/Sweep right out from front to back. Step back on right behind left.
47 - 48	Bend knees and dip down. Straighten up, taking weight onto right.
Section 7	Forward Lock Step, Hold, Rock 1/4 Turn Left, Step, Hold
49 - 50	Step forward left. Lock right behind left.
51 - 52	Step forward left. Hold.
53 - 54	Rock to right side on right. Rock onto left making 1/4 turn left.
55 - 56	Step forward right. Hold.
Section 8	Step 1/2 Pivot Right, Step, Hold, Right Toe Touches
57 - 58	Step forward left. Pivot 1/2 turn right.
59 - 60	Step forward left. Hold.
61 - 62	Touch right toe to right side. Touch right beside left.
63 - 64	Touch right toe to right side. Touch right beside left.
Quelle:	

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