

Superheroes

32 count, 4 wall, advanced level

Choreographer: Maggie Gallagher (UK), September 2014

Choreographed to: "Superheroes" by The Script

32 count intro (start on vocals)

Section 1 Drag, Back Rock, Drag, Back Rock, Point Touch Drag, Sailor 1/4 Turn

- 1-2& Big step right to side dragging left to meet right. Rock back on left. Recover onto right
- 3-4& Big step left to side dragging right to meet left. Rock back on right. Recover onto left
- 5& Point right to side. Touch right beside left
- 6 Big step right to side dragging left to meet right
- 7&8 Cross left behind right. Turn 1/4 right stepping right forward. Walk forward left (3:00)

Section 2 Cross Back Back, Behind 1/4 Turn Cross Side, Cross Rock, Side, Weave

- 1&2 Cross right over left. Step left back. Walk back on right
- 3& Step left slightly behind right. Turn 1/4 right stepping right to side
- 4& Cross left over right. Step right to side (6:00)
- 5-6& Cross rock left over right. Recover onto right. Step left out to left side
- 7&8& Cross right over left. Step left to side. Cross right behind left. Step left to side

Section 3 Cross, Unwind & Point & Touch & Cross & Heel & Cross Back 1/4 Cross

- 1-2 Cross right over left. Unwind full turn left (weight onto left)
- &3 Step right to side. Point left across right
- &4 Step left to side. Touch right beside left
- &5 Step right beside left. Cross left over right
- &6 Step back on right. Tap left heel to left diagonal
- &7& Step left beside right. Cross right over left. Step left back
- 8& Turn 1/4 right stepping right to side. Cross left over right (9:00)

Restart: Walls 1, 2 and 4: Start the dance again from the beginning

Section 4 Side Rock & Forward Rock, 1/2 Turn, Forward Rock, 1/2 Turn, Walk, Full Turn

- 1-2& Rock right to right side. Recover onto left. Step right beside left
- 3-4& Rock forward on left. Recover onto right. Turn 1/2 left stepping left forward (3:00)
- 5-6& Rock forward on right. Recover onto left. Turn 1/2 right stepping right forward (9:00)
- 7-8& Walk forward left. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward

Tag 1: End of Wall 3 (facing 3:00)

Forward Rock x 2, Weave, Sweep, Behind Side Cross

- 1-2 Rock forward on right pushing right hip forward. Recover onto left
- 3-4 Rock forward on right pushing right hip forward. Recover onto left
- 5& Cross right over left. Step left to left side
- 6& Cross right behind left. Sweep left round from front to back
- 7&8 Cross left behind right. Step right to right side. Cross left over right

Tag 2: End of Wall 7 (facing 3:00)

Forward Rock x 2

- 1-2 Rock forward on right pushing right hip forward. Recover onto left
- 3-4 Rock forward on right pushing right hip forward. Recover onto left

Quelle:

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