

Sweet Ireland

64 count, 4 wall, easy intermediate level

Choreographer: Gary O'Reilly, March 2022

Choreographed to: "Sweet Ireland" by Green Lads, 32 Count intro from heavy beat

Section 1 Cross, Hold & Cross Shuffle, Side Rock, Behind-Side-Cross &

- 1 2 Cross R over L, Hold
- &3&4 Step L slightly to left side, cross R over L, step L next to R, cross R over L (danced more on the spot...)
- 5 6 Rock L to left side, recover on R
- 7&8& Cross L behind R, Step R to right side, cross L over R, step R to right side

Section 2 Cross, Hold & Cross Shuffle, Side Rock, Behind-Side-Fwd

- 1 2 Cross L over R, Hold
- &3&4 Step R slightly to right side, cross L over R, step R next to L, cross L over R (...rather than travelling)
- 5 6 Rock R to right side, recover on L
- 7&8 Cross R behind L, Step L to left side, step fwd on R

Section 3 Rock Step, Triple Full Turn, Rock Step, 1/2 R walk, walk

- 1 2 Rock forward on L, recover on R
- 3&4 Full Turn Left stepping L-R-L
- 5 6 Rock forward on R, recover on L
- 7 8 1/2 turn right walking forward on R, walk forward on L (6:00)

Section 4 Out-Out, Back, Rock Back, Step 1/4 R, Cross Shuffle

- &1 2 Step Out on R, step out on L, walk back on R
- 3 4 Rock back on L, recover on R
- 5 6 Step forward on L, turn 1/4 R (9:00)
- 7&8 Cross L over R, step R next to L, cross L over R

Section 5 Point, Hold, Heel & Heel & Point, Hold, & Heel & Heel

- 1 2 Point R out to R side
- &3&4 Step R next to L, tap L heel forward, step L next to R, tap R heel forward
- &5 6 Step R next to L, point L out to L side, Hold
- &7&8 Step L next to R, tap R heel forward, step R next to L, tap L heel forward

Section 6 & Rock Step, Shuffle 1/2 R, Step 1/4 R, Cross Shuffle

- &1 2 Step L next to R, rock forward on R, recover on L
- 3&4 1/4 turn R stepping R to R side, step L next to R, 1/4 turn R stepping forward on R (3:00)
- 5 6 Step forward on L, pivot 1/4 turn R (6:00)
- 7&8 Cross L over R, step R next to L, cross L over R

Section 7 Point, Hold, Heel & Heel & Point, Hold, & Heel & Heel

- 1 2 Point R out to R side * Slow down during wall 3
- &3&4 Step R next to L, tap L heel forward, step L next to R, tap R heel forward
- &5 6 Step R next to L, point L out to L side, Hold
- &7&8 Step L next to R, tap R heel forward, step R next to L, tap L heel forward

Section 8 & Rock Step, Shuffle 1/2 R, Step 1/4 R, Cross, Side Rock

- &1 2 Step L next to R, rock forward on R, recover on L
- 3&4 1/4 turn R stepping R to R side, step L next to R, 1/4 turn R stepping forward on R (12:00)
- 5 6 7 Step forward on L, pivot 1/4 turn R, cross L over R (3:00)
- 8& Rock R to right side, recover on L * Tag at the end of wall 3

Note *During Section (7) & (8) of Wall 3 the music slows down and fades slightly, keep dancing in time with the music to complete Wall 3 (practice makes perfect).*

Tag *At the end of wall 3, facing 9:00, add the following 8 count tag to finish facing 6:00*

Rocking Chair, Turn 7/8 R stepping R-L-R-L

- 1 2 *Rock forward R, recover on L (7:30)*
- 3 4 *Rock back R, recover on L (7:30)*
- 5 6 *1/4 turn R walk forward on R, 1/4 turn R walk forward on L (1:30)*
- 7 8 *1/4 turn R walk forward on R, 1/8 turn R walk forward on L (6:00)*

Ending *Dance ends facing 12:00. Cross R over L to finish*

Quelle:

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