

# The Good Life

32 count, 2 wall, intermediate/advanced level

Choreographer: Rachael McEnaney (UK), August 2013

Choreographed to: "The Good Life" by Robin Thicke

16 count intro – start on vocals

## Section 1 Back, Coaster Step, 1/4 Hitch, Cross, Hitch, Cross, 3/4, 1/4 with Scissor Step

- 1 Step right back
- 2a3 Step left back, step right beside left, step left forward
- &4 Turn 1/4 left on ball of left hitching right knee, cross right over left (9:00)
- &5 Hitch left knee, cross left over right
- Note:** *The hitch is not a strong hitch, just a transition into next step.*
- 6a Turn 1/4 left stepping right back, turn 1/2 left stepping left forward
- 7a8 Turn 1/4 left stepping right to side, step left beside right, cross right over left (9:00)

## Section 2 Side, Back rock, 1/4 into Weave, Back Rock, 1/4, Back, Back, Coaster Step

- a1, 2 Step left to side, rock right back (diagonally opening body), recover onto left (10:30)
- a3 Straightening up turn 1/4 left stepping right to right side, cross left behind right
- a4 Step right to right side, cross left over right (6:00)
- a5,6 Step right to side, rock left back (diagonally opening body), recover onto right (4:30)
- a7a Straightening up turn 1/4 right stepping left back, step right back, step left back
- 8a1 Step right back, step left beside right, step right forward (9:00)

## Section 3 Forward, 1/4 Left, 1/2 Right, Side Rock, Cross Rock, Ball Cross, Unwind, Side, Close

- 2 Step left forward
- 3a Turn 1/4 left pointing right to side, turn 1/2 right stepping right beside left (12:00)
- 4a5 Rock left to side, recover onto right, cross rock left over right
- 6a Recover onto right, step left to side
- 7a Cross right over left, unwind full turn left on ball of right (12:00)
- Note:** *Think of the turn starting on count 7 – begin turning as soon as you cross right*
- 8a Step left to left side, step right beside left

## Section 4 Rock Sway, Cross Side Rock x2, Forward Rock, 1 1/2 Turns, Forward, Close

- 1, 2 Rock left to side swaying upper body left, recover onto right swaying upper body right
- 3&a Cross left over right, rock right to right side, recover onto left (12:00)
- 4&a Cross right over left, rock left to left side, recover onto right
- 5, 6 Rock forward on left, recover onto right
- a Turn 1/2 left stepping left forward
- 7a Turn 1/2 left stepping right back, turn 1/2 left stepping left forward (6:00)
- 8a Step right forward, step left beside right

## Tag End of Wall 1 :

*Reverse Rocking Chair (facing 6 :00)*

- 1-4 *Rock back on right, recover onto left, rock forward on right, recover onto left*

Quelle:

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