

The Lion Sleeps

32 count, 2 wall, beginner level

Choreographer: Michael John Sr. & Michael John Jr. (UK)

Choreographed to: "The Lion Sleeps Tonight" by The Mavericks

Section 1 Step Slides Right, Step Slides Left

1-2 Step right to right side, slide left next to right

3-4 Step right to right side, slide left next to right (weight remains on right)

5-6 Step left to left side, slide right next to left

7-8 Step left to left, slide right next to left (weight remains on left)

Option: Optional hand clap on counts 4 and 8

Section 2 Diagonal Step Touches x 4

9-10 Step forward right at 45 degree angle, touch left next to right

11-12 Step back left at 45 degree angle, touch right next to left

13-14 Step back right at 45 degree angle, touch left next to right

15-16 Step forward left at 45 degree angle, touch right next to left

Option: Optional finger clicks on touches

Section 3 Side Shuffle & Rock Step Twice

17&18 Side shuffle to right on right-left-right

19-20 Rock left behind right, rock forward on right

21&22 Side shuffle left on left-right-left

23-24 Rock right behind left, rock forward on left

Section 4 Shuffles Forward, Kick Turn, Right Kick Ball Cross

25&26 Shuffle forward on right-left-right (optional hand movements below)

27&28 Shuffle forward on left-right-left (optional hand movements below)

29-30 Kick right foot forward, on left foot pivot 1/2 turn over left shoulder while kicking right foot back

31&32 Kick right foot forward, step right next to left, step left across right

Option: Optional hand movements on shuffles forward to coincide with vocal sections where the words "the lion sleeps tonight" occur (on right shuffle). Place hands together in 'prayer position'. Place hands on right cheek and bend head down to the right as though imitating sleeping. On left shuffle, transfer hands to left cheek, bending head down to the left.

Repeat

Quelle:

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