

The Sphinx

128 count, 2 wall, phrased advanced

Choreographer: Simon Ward, Roy Hadisubroto, Fiona Murray, Rebecca Lee, October 2022

Choreographed to: "Medellín (2022 Remaster)" by Madonna & Maluma

Intro 32 Counts after the beat kicks in (approx. 42 secs), Sequence: ABAB Tag CC BAB BC* CBA A*

Part A Cha Cha

- Section 1** R Cross Rock, Chasse 1/4 R, Step 1/2 Turn (weight LF, R knee pop), 3x Clap (9:00 - turn head to 12:00)
Section 2 R Cross Rock w. Sweep, Sailor Step, Cross-Side, Sailor 1/4 L (6:00)
Section 3+4 Repeat Section 1+2 (12:00)

Part B Samba (12:00)

Section 1 Samba Full Diamond R

- 1&2& Cross RF over LF, Turn 1/8 R stepping LF to L, Step RF back, Hitch L knee (1:30)
 3&4& Step LF behind RF, Turn 1/4 R stepping RF to R, Step LF fwd, Hitch R knee (4:30)
 5&6& Cross RF over LF, Turn 1/4 R stepping LF to L, Step RF back, Hitch L knee (7:30)
 7&8 Step LF behind RF, Turn 1/4 R stepping RF to R, Step LF fwd (10:30)

Section 2 1/8 R into Botafogo, L Botafogo, R Volta Full Turn

- 1&2 1/8 R crossing RF over LF, Step LF to L, Recover on RF (12:00)
 3&4 Cross LF over RF, Step RF to R, Recover on LF
 5&6&7&8 3x (1/4 R stepping RF fwd, Lock LF behind), 1/4 R stepping RF fwd (12:00)

Section 3 L+R Samba Whisk, 1/4 L, Lock Step, 1/4 L Shuffle

- 1a2, 3a4 Step LF to L, Rock RF behind LF, Recover on LF, Step RF to R, Rock LF behind RF, Recover on RF
 5-6, 7&8 1/4 L stepping LF fwd, Lock RF behind LF, 1/4 L into L shuffle (6:00)

Section 4 Rock Step, Coaster Step, Step 1/2 R, Shuffle fwd (12:00)

Tag Stomp R, Raise Arms

- 1-4 1/8 Turn L Stomp RF next to LF (weight LF) (arms out to sides, raising above head with a wrist roll)

Part C Bollywood (Funky) (12:00)

Section 1 Right Foot Point Cross-Right-Cross-Right (R arm head level, L arm stomach level – change) R Botafogo, L Cross Shuffle

- Section 2 Paddle 1/2 Turn (L arm up, R arm down switching), Side, 2x (Back Rock-Side)**
 1-4 Point R to R side, 1/4 turn L point R to R side, 1/4 turn L point R to R side, Step R to R side (6:00)
 5&6, 7&8 Rock LF back, Recover on RF, Step LF to L, Rock RF back, Recover on LF, Step RF to R

Section 3 1/2 L Weave & Together, Knee Up-Down, R Lock Step fwd

- 1&2 1/8 L LF behind RF, 1/8 L RF to R, Cross LF over RF (3:00)
 &3&4 1/8 L RF to R, LF behind RF, 1/8 L RF to R, LF over RF (12:00)
 &5&6 1/8 L RF to R, Close LF next to R, Lift both heels, Drop both heels (10:30)
 7&8 R Lock Shuffle fwd

Section 4 1/8 R into Scissor Step, Reverse Full Turn L into R Toe-Heel Step, L Toe-Heel Step

- 1&2, 3-4 1/8 R LF to L, Close RF next LF, Cross LF over RF, 1/4 L RF back, 1/2 L LF fwd (3:00)
 5&6, 7&8 1/4 L with RF Toe-Heel-Step, LF Toe-Heel-Step (12:00)

Section 5 R+L Botafogo, Point&Point&Walk-Walk w. Shimmy Shoulders

- 1&2, 3&4 Cross RF over LF, LF to L, Recover on R, Cross LF over RF, RF to R, Recover on L
 5&6&7-8 Point RF to R, Close RF next to LF, Point LF to L, Close LF next to RF, Walk R+L w. shimmy (12:00)

Section 6 1/2 L with Syncopated Jumps fwd+back, Out-Out, Hold, Hip Roll

- &1&2&3&4 2x (RF fwd, LF fwd, 1/4 L RF Back, LF Back) (6:00)
 &5-6-7-8 RF fwd diagonally, LF L, Hold, Roll Hips counter-clockwise (R arm swinging lasso)

Section 7 S5: R+L Botafogo, Point&Point&Walk-Walk w. Shimmy Shoulders

Section 8 S6: 1/2 L with Syncopated Jumps fwd+back, Out-Out, Hold, Hip Roll (12:00)

Quelle:

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