

Throw The Dice

Phrased, 2 wall, advanced level

Choreographer: Joey Warren (USA), August 2011

Choreographed to: "Hit Me Up" by Danny Fernandes ft. Josh Ramsay

Sequence: A, A, Tag, B, A, A, Tag, B, A, A w/ Restart, B, B

Part A (32 counts)

Section 1 Side-Rock-Recover x2, Rock-Recover-Cross w/ Heel Jack, Step-Touch

1-2& Step R out to R, Rock L behind R, Recover weight onto R
 3-4& Step L out to L, Rock R behind L, Recover weight onto L
 5&6 Rock R out to R, Step down on L, Cross R over L
 &7&8 Step L slightly back, Touch R heel fwd, Step down on R, Touch L toe beside R

Section 2 Step Out-Back, Weave w/ Cross, Step-Weave w/ Cross, 1/4 Turn Step Back

1-2 Step L out & slightly back, Step R back
 3&4 Step L back behind R, Step R out to R, Cross step L over R
 5-6&7 Step R out to R, Step L back behind R, Step R out to R, Cross step L over R
 8 1/4 Turn L stepping back on R

Section 3 Full Turn Triple Step, Walk-Walk, Mambo Fwd, L Coaster Step

1&2 1/2 Turn L stepping L fwd, 1/4 Turn L stepping R beside L, 1/4 Turn L stepping L fwd
 3-4 Walk fwd on R, Walk fwd on L
 5&6 Rock fwd on R, Recover back on L, Step R slightly behind L
 7&8 Step back on L, Step R back beside L, Step L fwd

Section 4 Rock Recover Fwd, Rock Recover Back, Step Half x2

1-2 Rock fwd on R, Recover back on L
 3-4 Rock back on R, Recover fwd on to L
 5-6 Step fwd on R, 1/2 Turn L over L shoulder taking weight on L
 7&8 Step fwd on R, 1/2 Turn L over L shoulder taking weight on L

Note: *You will end facing 9 o'clock. Make a 1/4 Turn L while you step out to R for count 1 to make it a 2 wall dance!*

Part B (32 counts)

Section 1 Step Hitch, Jump Out-In, Heel Swivel, Jump Out-In, Side Shuffle

1-2 Step R out to R with slight bend in R knee, Hitch L knee & straighten R knee
 &3&4 Jump both feet out, Jump feet back together, Swivel heels R, Swivel heels back to center
 &5 Jump both feet out, Jump feet back together (weight needs to be on L)
 6&7 Step R out to R, Step L next to R, Step R out to R

Section 2 Cross Shuffle, 1/4 Kick & Touch, Touch-Dip, Touch & Weave

8&1 Cross L over R, Step R out to R, Cross L over R
 2&3 1/4 Turn R kicking R fwd, Step down on R, Touch L toe out to L side
 &4-5&6 Step L next to R, Point R to R/bending upper body at waist,
 Roll upper body to R transferring weight to R, Step L next to R raising upper body, Touch R out to R
 7&8 Step R behind L, Step L out to L, Cross R over L

Section 3 1/4 Hitch Step, Touch-Flick Heel & Heel & Touch, Step Back Out-Out & Cross

&1-2 1/4 Turn L hitching L knee up, Big step fwd on L, Touch R toe fwd
 &3&4 Flick R foot out to R, Touch R heel fwd, Step down on R, Touch L heel fwd
 &5-6 Step down on L, Touch R toe fwd, Step back on R foot
 &7&8 Step L out to L, Step R out to R, Step L in toward R, Cross R over L

Section 4 Unwind 1/2 Turn, Cross Samba x2, Cross Samba 1/4 Turn, Step 1/2 Turn

1-2&3 Unwind 1/2 Turn L slightly stepping R out as you take weight, Cross L over R,
 Rock out to R on ball of R, Recover back to L
 4&5 Cross R over L, Rock out to L on ball of L, Recover back to R
 6&7 Cross L over R, Rock out to R on ball of R, 1/4 Turn L stepping L slightly fwd
 8&1 Step R fwd, 1/2 Turn L taking weight on L, 1/4 Turn L stepping R out to R

Note: *The count 1 is the beginning of your dance for both A & B. As before you need to make the 1/4 Turn L so you will have a 2 wall only dance!*

Tag: *(Step Full Turn W/ Hip Roll Counter Clock Wise) x4*

1-8 Step R fwd while rolling hips counter clockwise, Take weight on L, repeat 4 times

Note: *Again don't forget to make your 1/4 Turn L before you do your Tag*

Restart: *Happens after your 2nd B and your 5th A. You will be facing back wall. You are going to change your Section 2 of Part A slightly to hit the lyrics: Step Out-Back, Weave w/ Cross, Step-Weave Cross, Step Hitch x2*

1-2 Step L out & slightly back, Step R back
 3&4 Step L back behind R, Step R out to R, Cross step L over R
 5&6& Step R out to R, Step L behind R, Step R out to R, Cross L over R
 7&8& Step R out to R, Hitch L knee in to R, Step out on L, Hitch R knee in to L

Note: *Restart into B here !!!*

Quelle:

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