

Throwback Love

56 count, 1 wall, intermediate level (phrased)

Choreographer: Pim v.Grootel, José M.Belloque Vane, Raymond Sarlemijn & Jean-Pierre Madge (NL/CH), June 2017

Choreographed to: "Throwback Love" by Meghan Trainor

Intro: 16 counts (17 secs on track)

Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B

Part A 32 Counts

Section 1 Rumba Box, R/L, Mambo Fwd 1/2 Turn R, Shuffle 1/2 Turn R

- 1&2 Step RF to right, Close LF next to RF, Step RF forward
- 3&4 Step LF to left, Close RF next to LF, Step LF forward
- 5&6 Step RF forward, Recover on LF, 1/2 Turn right and step RF forward (6:00)
- 7&8 1/2 Triple turn right stepping LF, RF, LF (12:00)

Section 2 Mambo Heel-Heel, & Cross Snap, Point-Touch-Point, Sailor Step R

- 1&2& Step RF back, Recover on LF, Step forward on right heel, Step forward on left heel
- 3&4 Close RF next to LF, Cross LF over RF, Snap fingers
- 5&6 Point RF to right, next to LF, to right
- 7&8 Cross RF behind LF, small step LF to left, Step RF to right

Restart: *Restart here 2nd time Part A*

Section 3 Ball Change, Snap, 1/4 Turn L, Snap, 1/4 Turn L, Snap, Side Step, Snap, Jazzbox R, Shorty George

- &1& Step LF next to RF, Step RF to right, snap fingers
- 2& 1/4 Turn left stepping LF forward, snap fingers (9:00)
- 3& 1/4 Turn left stepping RF to right, snap fingers (6:00)
- 4& Step LF to left, snap fingers
- 5&6& Right Jazz Box with Step
- 7&8& Step forward pushing knees out RF, LF, RF, LF

Section 4 (1/4 Turn R Heel Grind, Back Rock) x2, (Kick, Behind-Side-Cross) x2

- 1&2& 1/4 Turn Right Heel Grind, Step LF next to RF, Back Rock on RF, Recover on LF (9:00)
- 3&4& 1/4 Turn Right Heel Grind, Step LF next to RF, Back Rock on RF, Recover on LF (12:00)
- 5&6& Kick RF diagonal right forward, Cross RF behind LF, Step LF to left, Cross RF over LF
- 7&8& Kick LF diagonal left forward, Cross LF behind RF, Step RF to right, Cross LF over RF

Part B 24 Counts

Section 1 (Toe, Heel, Cross) x2, Jump Right, Left, Right, Bounce 1/4 Turn x4

- 1&2 Touch right toe next to LF, touch right heel right, Cross RF over LF
- &3& Touch left toe next to RF, touch left heel left, Cross LF over RF
- 4, 5, 6 Jump out RF to right, LF to left, RF to right (turning slightly to right, left, right)
- 7&8& Jump on RF on the spot while keeping LF out and turning 1/4 turn – repeat 4 times

Section 2 Back Rock Turn R Hitch, Back Hitch Step Turn, Back Turn Step Hitch, Step Turn Stomp Stomp

- 1&2& LF step backwards, recover on RF, 1/2 turn right stepping LF back, hitch right (6:00)
- 3&4& RF step backwards, hitch left, step LF forward, 1/2 turn left hitching right (12:00)
- 5&6& Step RF backwards, 1/2 turn left hitching left, step LF forward, hitch right (3:00)
- 7&8& Step RF forward, 1/2 Turn left stepping LF forward, stomp RF, stomp LF (12 :00)

Section 3 Step Fwd, Kick, Step Back, Touch, Jazzbox 1/2 Turn R

- 1-4 Step RF forward, kick LF forward, Step LF backwards, touch right toe backwards
- 5-8 Cross RF over LF, 1/4 Turn right stepping LF back, 1/4 Turn right stepping RF to right, Step LF forward

Ending: *Last time doing Part B, make a normal Jazzbox instead of a Jazzbox 1/2 Turn. You will be facing 12.00.*

Quelle:

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