

Up In The Air

64 count, 2 wall, intermediate level

Choreographer: Rachael McEnaney-White & Simon Ward, September 2019

Choreographed to: "Up In The Air" by Marc Martel

16 count intro from when beat kicks in, dance begins on vocals

Section 1 R Side Rock, R Cross Shuffle, 1/4 R Back, 1/4 R Side, L Cross Shuffle

1, 2, 3&4 Rock R to right side, Recover weight L, Cross R over L, Step L to left side, Cross R over L (12:00)

5, 6 Make 1/4 turn right stepping back L, Make 1/4 turn right stepping R to right side (6:00)

7&8 Cross L over R, Step R to right side, Cross L over R

Section 2 Side, Hold & Side Rock, Jazz Box 1/8 R traveling back

1,2, &3,4 Step R to right side, Hold, Step L next to R, Rock R to right side, Recover weight L

5-8 Cross R over L, Make 1/8 turn right stepping back L, Step R back to right diagonal, Cross L over R (7:30)

Section 3 Back, 1/2 L, L fwd, 1/2 L Step R back, Slow Back Rock, 1/2 Turn R Step L Back

1-4 Step R back, Make 1/2 turn left on ball of R (weight R), Step L forward, Make 1/2 turn left stepping back R

5, 6 Rock L back, Hold (styling: rotate upper body left in prep for a turn)

7, 8 Recover weight R, Make 1/2 turn right stepping L back (1:30)

Section 4 1/2 R Step R fwd, Point, Cross, Point, Kick-Ball-Step, Step 5/8 L

1-4 Make 1/2 turn right stepping fwd R, Point L left, Step L forward slightly across R, Point R right (7:30)

5&6, 7, 8 Kick R forward, Step in place on ball of R, Step L slightly forward, Step R forward, Pivot 5/8 turn L (12:00)

Restart *During 2nd wall restart here facing 6:00*

Section 5 Side, Hold, Behind-Side-Cross, Sweep, Cross-Side

1-4 Step R to right side, Hold, Cross L behind R, Step R to right side

5-8 Cross L over R, Hold as you sweep R. Cross R over L, Step L to left side

Section 6 Back, Sweep, Back, Sweep, Back Rock, Full Turn L

1-4 Step R back (slightly behind L), Sweep L, Step L back (slightly behind R), Sweep R (12:00)

5, 6 Rock R back (prep body R), Recover weight L

7, 8 Make 1/2 turn left stepping back R, Make 1/2 turn left stepping forward L

Restart *During 3rd wall restart here facing 6:00*

Section 7 Slow Rock Step, 1/2 R Step R fwd, Slow Rock Step, 1/4 L stepping L left

1-4 Rock R forward, Hold, Recover weight L, Make 1/2 turn right stepping forward R (6:00)

5-8 Rock L forward, Hold, Recover weight R, Make 1/4 turn left stepping L to left side (3:00)

Section 8 Cross Rock, Side Rock, Behind, 1/4 L Step L fwd, R fwd, 1/2 Pivot L

1-4 Cross rock R over L, Recover weight L, Rock R to right side, Recover weight L (3:00)

5-8 Cross R behind L, Make 1/4 turn left stepping forward L, Step forward R, Pivot 1/2 turn left (6:00)

Tag: *At the end of the 5th wall you will be facing 6:00, do the following 8 count tag*

Step R right, Hold x3, Step, Hold, Step, Pivot 1/2 Left

1-4 Step R right (feet shoulder width apart but weight R) as you raise both arms straight forward and up

5-8 Step L fwd as you snap fingers in a 'diva' snap out to sides, Hold, Step R forward, Pivot 1/2 left (12:00)

Quelle:

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