

Fly High

64 count, 4 wall, intermediate level

Choreographer: Maggie Gallagher

Choreographed to: "Let Me Go" by Gary Barlow, 8 counts (4 secs) intro

Section 1 Step, 1/2 Pivot, Walk, 1/2, 1/2 Shuffle, Rock fwd, Recover

- 1-2 Step forward right, 1/2 pivot left (6:00)
- 3-4 Walk forward right, 1/2 right stepping back on left (12:00)
- 5&6 1/2 right stepping forward right, Step left next to right, Step right forward (6:00)
- 7-8 Rock forward left, Recover on right

Section 2 Jump Back, Back, Rock Back, Recover, Step, 1/4 Pivot, Cross Shuffle

- &1-2 Jump back and slightly out on left, Jump back and slightly out on right, Walk back on left
- 3-4 Rock back on right, Recover on left
- 5-6 Step forward on right, 1/4 pivot left (3:00)
- 7&8 Cross right over left, Step left to left side, Cross right over left

Section 3 Side Rock, Recover, Cross Shuffle, Side Rock, Recover, R Sailor

- 1-2 Rock left to left side, Recover on right
- 3&4 Cross left over right, Step right to right side, Cross left over right
- 5-6 Rock right to right side, Recover on left
- 7&8 Cross right behind left, Step left to left side, Step right next to left

Section 4 Touch L Back, Unwind, Step, 1/2 Pivot, Walk R,L, R Kick Ball Change

- 1-2 Touch left behind right, Unwind 1/2 left (weight on left) (9:00)
- 3-4 Step forward right, 1/2 pivot left (3:00)
- 5-6 Walk forward right, Walk forward left
- 7&8 Kick right forward, Step right next to left, Step left next to right

Section 5 Heel Grind, Ball Cross, 1/4, 1/2, 1/4, L Chasse

- 1-2 Right heel grind across left travelling to left side, Step left to left side
- &3-4 Step right next to left, Cross left over right, 1/4 left stepping back right (12:00)
- 5-6 1/2 left stepping forward left, 1/4 left stepping right to right side (3:00)
- 7&8 Step left to left side, Step right next to left, Step left to left side

Restart 2 Wall 6 (6 :00)

Section 6 Cross Rock, Side Rock, Jazz Box Cross

- 1-2 Cross rock right over left, Recover on left
- 3-4 Rock right to right side, Recover on left

Restart 1 Wall 2 (6 :00)

- 5-6 Cross right over left, Step back left
- 7-8 Step right to right side, Cross left over right

Section 7 Stomp, Hold, Behind Side Cross, Stomp. Hold, Behind Side Cross

- 1-2 Stomp right to right side, Hold
- 3&4 Cross left behind right, Step right to right side, Cross left over right
- 5-6 Stomp right to right side, Hold
- 7&8 Cross left behind right, Step right to right side, Cross left over right

Section 8 R Point, Hold, &L Point, Hold, & R Rocking Chair

- 1-2 Point right to right side, Hold
- &3-4 Step right next to left, Point left to left side, Hold
- &5-6 Step left next to right, Rock forward on right, Recover on left
- 7-8 Rock back on right, Recover on left

Restart 1: Wall 2 after 44 counts

Tag At the end of walls 3 & 4 : repeat the last 8 counts

Restart 2: Wall 6 after 40 counts

Ending: After count 30 walk forward R (i.e. the dance finishes walking RLR) (12 :00)

Quelle:

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