

Foolish Feelings

72 count, 1 wall, intermediate level

Choreographer: Fred Whitehouse & Niels Poulsen, January 2025

Choreographed to: "Stop" by Nolan Sotillo, Intro 32 counts (20 secs)

- Section 1 R Back Rock, Lock Step w. Sweep, Cross, Scissor Step, Big Step L, Slide R**
 1 2 3&4 Rock back on R, recover onto L, step R fwd, lock L behind R, step R fwd sweeping L fwd
 5 6&7 Cross L over R, Step R to R side, step L next to R, cross R over L
 8 1 Step L a big step to L side, slide R towards L
- Section 2 & Cross, R Chasse-Sway, Back L+R w. Heel Grinds, Back Lock Step**
 &2 3&4 Small step back on R, cross L over R, step R to R side, step L next to R, step R to R swaying body R
 5 6 Walk back L grinding R heel fanning toes out R, walk back R grinding L heel fanning L toes out L
 7&8 Step back on L, lock R over L, step back on L *** *Restart on wall 2 facing 12:00*
- Section 3 1/4 R Side, Touch, 1/4 L-1/4 L-Cross, 1/4 R-1/4 R, Sailor 1/4 R**
 1 2 Turn 1/4 R stepping R to R side, touch L next to R (3:00)
 3&4 Turn 1/4 L stepping L fwd, turn 1/4 L stepping R to R side, cross L over R (9:00)
 5 6 Turn 1/4 R stepping R fwd, turn 1/4 R stepping L to L side (3:00)
 7&8 Cross R behind L, turn 1/4 R stepping L next to R, step R fwd (6:00) *** *Styling wall 1+3: dip in knees*
- Section 4 Step, Triple Turn w. Hip Bumps x2, Rock Step, Back, Close**
 1 Step L fwd (6:00)
 2&3 Turn 1/4 L pointing R to R side and bumping hips R, bump hips L, turn 1/4 L stepping back on R (12:00)
 4&5 Turn 1/4 L pointing L to L side and bumping hips L, bump hips R, turn 1/4 L stepping fwd on L (6:00)
 6 7 8& Rock R fwd, recover on L, step back on R, step L next to R *** *Insert Bridge wall 4*
- Section 5 R Step Slide Back, & Shuffle fwd, Step, Point R&L, 1/4 L Sweep**
 1 2 Step R a big step back pushing R arm fwd making a stop sign, drag L towards R
 &3&4 Step L next to R, step R fwd, step L behind R, step R fwd
 5 6&7 Step L fwd, point R to R side, step R next to L, point L to L side
 8 Turn 1/4 L stepping onto L sweeping R fwd (3:00)
- Section 6 Cross Side, Back Lock Step, Back Rock, 1/2 R-1/4 R**
 1 2 3&4 Cross R over L, step L to L side, step back on R, cross L over R, step back on R
 5 6 7 8 Rock back on L, recover on R, turn 1/2 R stepping back on L, turn 1/4 R stepping R to R side (12:00)
- Section 7 Point L, 1/4 L Sweep, Samba Step, Cross Side, Behind-Side-Cross**
 1 2 Point L to L side pushing L arm fwd making a stop sign, turn 1/4 L stepping L fwd sweeping R fwd (9:00)
 3&4 Cross R over L, rock L to L side, recover on R
 5 6 7&8 Cross L over R, Step R to R side, cross L behind R, step R to R side, cross L over R
- Section 8 Side Rock, Cross Shuffle, 1/4 R-1/4 R, Samba Step 1/4 L Together**
 1 2 3&4 Rock R to R side, recover on L, cross R over L, step L to L side, cross R over L
 5 6 Turn 1/4 R stepping back on L, turn 1/4 R stepping R to R side
 7&8 Cross L over R, turn 1/4 L stepping back on R, step L next to R
- Section 9 R Big Step R, Step, Shuffle fwd, Step, Close, Run Back LRL**
 1 2 3&4 R Big Step fwd, step L fwd, Step R fwd, step L behind R, step R fwd
 5 6 7&8 Step L fwd, step R next to L, step back on LRL
- Restart Restart on wall 2 after 16 counts facing 12:00**
- Bridge Insert this 16-count-bridge after 32 counts during 4th repetition (facing 6:00)**
Dorothy Steps RLR, Rock Step
 1 2& 3 4& *Step R to R diag, lock L behind R, step R to R diag., step L to L diag., lock R behind L, step R to R diag.*
 5 6& 7 8 *Step R to R diag, lock L behind R, step R to R diag., Rock L fwd, recover on R*

&Cross-Back LRL (opening body to LRL), Reverse Rocking Chair
 &1 2 &3 4 *Step back on L, cross R over L, step back on L, step back on R, cross L over R, step back on R*
 &5 6 *Step back on L, cross R over L, step back on L*
 7&8& *Rock back on R, recover on L, Rock R fwd, recover on L*

Quelle:

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