

# If You Believe

32 count, 2 wall, easy intermediate level

Choreographer: Gary O'Reilly, April 2023

Choreographed to: "If You Believe" by Strive to Be & Patch Crowe

Intro 20 counts (dance starts on the lyric "defeated")

## Section 1 Walk R+L, Rocking Chair, Step, Touch, Back-Lock-Back

- 1 2 Walk forward R, walk forward L
- 3&4& Rock forward on R, recover on L, rock back on R, recover on L
- 5 6 Step forward on R, touch L next to R
- 7&8 Step back on L, cross R over L, step back on L

## Section 2 1/2 Triple Turn, Step-1/2 Pivot-Step, R Dorothy, L Dorothy

- 1&2 1/2 Triple Turn R stepping R-L-R (6:00)
- 3&4 Step forward on L, pivot 1/2 R, step forward on L (12:00)
- 5 6& Step diagonally forward on R as you begin to drag L behind R, lock L behind R, step forward on R
- 7 8& Step diagonally forward on L as you begin to drag R behind L, lock R behind L, step forward on L

## Section 3 Side Rock &Side, Twist-Twist, Back-Rock-Side, L Sailor 1/4 Heel

- 1 2 Rock R to R side, recover on L
- &3 Step R next to L, step L to L side turning L toe out to L in preparation for swivels
- &4 Swivel both heels L, swivel both toes L to face front (weight ends on L)
- 5&6 Rock R behind L, recover on L, step R to R side
- 7&8 Cross L behind R, 1/4 L stepping R to R side, tap L heel to L diagonal (9:00)

## Section 4 &Cross, Back-Side-Cross, Chasse-Side Rock, Behind-1/4 L-Touch

- &1 Step L in place, cross R over L
- 2&3 Step back on L, step R to R side, cross L over R
- 4& Step R to R side, step L next to R
- 5 6 Rock R to R side, recover on L
- 7&8 Cross R behind L, 1/4 L stepping forward on L, touch R next to L

### Tag 1 Occurs at the end of Wall 2 facing 12:00

*Walk R+L, Mambo fwd, Back L+R, Coaster Step*

- 1 2 *Walk forward on R walk forward on L*
- 3&4 *Rock forward on R, recover on L, step back on R*
- 5 6 *Walk back on L, walk back on R*
- 7&8 *Step back on L, step R next to L, step forward on L*

### Tag 2 Occurs at the end of Wall 5 facing 6:00

*Out Out Back, L Coaster Heel, Hold, Hold &*

- 1 2 3 *Step forward and diagonally out R (1), step forward and diagonally out L (2), step back on R*
- 4&5 *Step back on L (4), step R next to L (&), tap L heel forward*
- 6 7 *Hold, Hold*
- & *Step L next to R*

*Note Dance restarts as the artist sings "Be(&)lieve(1)"*

*It takes a little bit of practice but you'll get it...*

**Ending:** *Dance 16 counts of Wall 7, finish the dance facing 12:00 by stomping R to R side.*

Quelle:

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