

Jerusalem

64 count, 2 wall, improver level

Choreographer: Colin Ghys (Belgium), Alison Johnstone (Australia), The Zezuru Shona People (South Africa)

Choreographed to: "Jerusalem" by Master KG (ft. Nomcebo)

Section 1 Stomp L, Heel Bounces, Switch, Stomp R, Heel Bounces, Switch

1-2-3-4& Stomp Left diag fwd, raise heel 3 times up + down (weight on Rt), Ball step Left next to Rt

5-6-7-8& Stomp Right diag fwd, raise heel 3 times up + down (weight on Lt), Ball step Right next to Lt

Section 2 Heel Switches L, R, L, R, Ball, Cross 1/4 Turn Left, Side, Cross, Side

1&2& Left Heel Fwd, Switch weight on Left, Rt Heel Fwd, Switch weight on Rt

3&4& Left Heel Fwd, Switch weight on Left, Rt Heel Fwd, Switch weight on Rt

5-6-7-8 Turn 1/4 over Left crossing Left over Rt, Step Rt to Side, Cross Left Over Rt, Step Rt to Side (9.00)

Section 3 Touch, 3x Walk to Left, Touch, 3x Walk Back

1-2-3-4 Touch Left toe to Left turning body to 7.30, Walk Left, Rt, Left

5-6-7-8 Touch Rt toe fwd squaring to 9 o'clock, Walk Back Rt, Left, Rt

Section 4 Side, Hold & Side, Touch, Side, Close, Side, Touch

1-2&3-4 Step Left side, Hold, Ball step Rt into Left, Step Left side, Touch Rt next to Left with Clap

5-6-7-8 Step Rt to side, Step Left together, Step Right to side, touch Left next to Rt & Clap (*Shimmy shoulders*)

EZ: *Beginners can simply repeat the above counts to have a 4 Wall, 32 Count dance. Everyone will be dancing the same steps at every front and back wall. The above dance is called JERUSALEMA EZ*

Section 5 Step, Step, 1/2 Left, Step, Step, 1/2 Right, Step-Out-Out

1-2-3-4 Step Left fwd, Step Rt Fwd, Pivot 1/2 Left, Step Rt fwd (3.00)

5-6-7&8 Step Left fwd, Pivot 1/2 Rt, Step Left fwd, Step Rt out diagonally, Step Left out Diagonally (9.00)

Section 6 Cross, Side, Behind, 1/4 Left, Step-1/2 Left, Step-1/2-Left

1-2-3-4 Cross Rt over Left, Step Left Side, Cross Rt Behind Left, 1/4 Left Stepping fwd on Left (6.00)

5-6-7-8 Step fwd on Rt, Pivot 1/2 Left, Step fwd on Rt, Pivot 1/2 Left

Section 7 3x Run Fwd, Rock Step, 3x Run Back, Back-Rock

1&2 3-4 Run Fwd Rt, Left, Rt, Rock fwd onto Left, Recover on Rt

5&6 7-8 Run Back Left, Rt, Left, Rock Back onto Rt, Recover Left

Section 8 Side, Hold & Side, Touch, Rolling Vine with Cross

1-2&3-4 Step Rt side, Hold, Ball step Left into Rt, Step Rt side, Touch Left into Rt

5-6-7-8 Turn 1/4 Left stepping Left fwd, turn 1/2 Left stepping Rt back, turn 1/4 Left stepping Left side, Cross Rt over Left

Start Again and enjoy this dance :-)

Quelle:

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