

La Secret

64 count, 4 wall, intermediate level

Choreographer: Robbie McGowan Hickie (UK)

Choreographed to: "La Voix" by Malena Ernman (126 bpm), 8 Count intro from Main Beat - on vocals

Phrasing: Wall 1: 48 Counts, Wall 2: 64 Counts,
Wall 3: 48 Counts + 4 Counts Tag, Wall 4: 64 Counts + 4 Counts Tag,
Wall 5: 64 Counts, then dance until end of the music!

Section 1 Diagonal Step with Knee Pop. Recover. Right Sailor. Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left

1-2 Step Right *Diagonally* forward popping Left knee forward. Recover on Left popping Right knee forward
3&4 Cross Right behind Left. Step Left beside Right. Step Right to Right side
5-6 Cross step Left over Right. Make 1/4 turn Left stepping back on Right
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (*Facing 3 o'clock*)

Section 2 Step. Pivot 1/4 Turn Left. Right Cross Shuffle. 1/4 Turn Right. 1/2 Turn Right. Forward Rock

1-2 Step forward on Right. Pivot 1/4 turn Left. (*Facing 12 o'clock*)
3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left
5-6 Make 1/4 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
7-8 Rock forward on Left. Rock back on Right. (*Facing 9 o'clock*)

Section 3 Diagonal Step Back. Drag. & Cross. Side Step Right. Back Rock. Left Kick-Ball-Cross

1-2 Step Left *Long* step *Diagonally* back Left. Drag Right towards and beside Left. (Weight on Left)
&3-4 Step ball of Right to Right side and *Slightly* back. Cross step Left over Right. Step Right to Right side
5-6 Rock back on Left. Rock forward on Right
7&8 Kick Left *Diagonally* forward Left. Step ball of Left beside Right. Cross step Right over Left.

Section 4 1/4 Turn Left. Hold. & Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Hold. Behind & Cross

1-2 Make 1/4 turn Left stepping forward on Left. Hold. (*Facing 6 o'clock*)
&3-4 Step ball of Right beside Left. Step forward on Left. Pivot 1/2 turn Right. (*Facing 12 o'clock*)
5-6 Make 1/4 turn Right stepping Left to left side. Hold. (*Facing 3 o'clock*)
7&8 Cross Right behind Left. Step Left to Left side. Cross step Right over Left

Section 5 Left Side Rock. Left Sailor Heel with 1/4 Turn Left. & Cross. 1/4 Turn Right. Back Rock

1-2 Rock Left out to Left side. Recover weight on Right
3& Cross Left behind Right making 1/4 turn Left. Step Right beside Left
4 Touch Left heel *Diagonally* forward Left. (*Facing 12 o'clock*)
&5-6 Step ball Left back to place. Cross step Right over Left. Make 1/4 turn Right stepping back on Left
7-8 Rock back on Right. Rock forward on Left. (*Facing 3 o'clock*)

Section 6 Step Forward. 1/2 Turn Right. Right Shuffle 1/2 Turn Right. Forward Rock. Left Coaster Step

1-2 Step forward on Right. Make 1/2 turn Right stepping back on Left
3&4 Right shuffle making 1/2 turn Right stepping Right. Left. Right.
5-6 Rock forward on Left. Rock back on Right. (*Facing 3 o'clock*)
7&8 Step back on Left. Step Right beside Left. Step forward on Left. *** See Phrasing ***

Section 7 2 x Walks Forward. Right Kick-Ball-Step Forward. Forward Rock. Right Shuffle 1/2 Turn Right

1-2 Walk forward on Right. Walk forward on Left
3&4 Kick Right forward. Step ball of Right beside Left. Step forward on Left
5-6 Rock forward on Right. Rock back on Left
7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (*Facing 9 o'clock*)

Section 8 2 x Walks Forward. Left Shuffle Forward. Forward Rock. 1/2 Turn Right. Step Forward

1-2 Walk forward on Left. Walk forward on Right
3&4 Left shuffle forward stepping Left. Right. Left
5-6 Rock forward on Right. Rock back on Left
7-8 Make 1/2 turn Right stepping forward on Right. Step forward on Left. (*Facing 3 o'clock*)

Tag : *Jazz Box Cross (end of wall 3 - facing 9 o'clock & end of wall 4 - facing 12 o'clock)*

1-4 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right

Quelle:

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