

# Lay Low

32 count, 4 wall, improver level

Choreographer: Darren Bailey (UK), August 2015

Choreographed to: "Lay Low" by Josh Turner

Intro: 32 Counts

**Section 1 Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle**

1-2 Rock Rf to R side, Recover onto Lf

3&4 Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf

5-6 Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side

7&8 Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

**Section 2 Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross**

1-2 Step Rf to R side, Touch Lf next o Rf

3&4 Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf

5-6 Rock Lf to L side, Recover onto Rf

7&8 Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

**Restart:** *occurs here on wall 4 (facing 9:00)*

**Section 3 Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R**

1-2 Step Rf to R side, Cross Lf behind Rf

3&4 Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF

5-6 Step forward on Lf, Make a 1/2 pivot turn R

7&8 Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

**Section 4 Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissors step L**

1-2 Step back on Rf popping L knee forward, Step back on Lf popping R knee forward

3&4 Step back on Rf, close Lf next to Rf, Step forward on Rf

5-6 Cross Rock Lf over Rf, Recover onto Rf

7&8 Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

**Tag:** *Before starting wall 10 (facing 12:00)*

**1-4** *Click fingers on R hand x4 slowly bringing R hand down to the side*

Quelle:

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