

Life On Mars

4 Wall Line Dance: 32 Counts. Intermediate

Choreographed by: Ingemar Kardeskog (Sweden) December 2005

Choreographed to: 'Life On Mars?' by David Bowie (62 bpm) from Best of David Bowie 1969/1974 Album (32 count intro from "It's a god-awful ...", on lyrics "But the film is a saddening bore" - 37 seconds from beginning)

Music Suggestion: 'A Whiter Shade of Pale' by Sarah Brightman (74 bpm) from The Very Best Of 1990-2001. 30 second intro - start on vocals. No restarts.

Restart: When using Life On Mars track there is one restart, on 4th wall, after count 4 in section 3.

Begin again from counts 7 & 8 in section 2 (last 2 counts in section 2) and dance through to end of dance.

Section 1 Step, Touch, Back x 3, 1/2 Turn, Side, Cross, Rock, Side Cross

- 1 - 3 Step forward right. Touch left beside right. Step back long step on left.
- 4 & Step back right. Step back left.
- 5 Make 1/2 turn right on ball of left stepping forward on right.
- 6 - 7 Step left to left side. Cross rock right over left.
- 8 & 1 Recover onto left. Step right to right side. Cross rock left over right.

Section 2 3/4 Turn Right, Step, Right Coaster Step, Side, Sailor Step

- 2 - 3 Turn 3/4 right stepping onto right. Step forward left. (Facing 3 o'clock)
- 4 & 5 Step back on right. Step left beside right. Step forward right.
- 6 Step left to left side.
- 7 & 8 Sweep right behind left. Step left to left side. Step right to place.

Section 3 Side, Together, Cross, Side, Modified Sailor 1/2, Step, 1/2, Sweep 1/4

- 1 - 2 Step left to left side. Step right beside left.
- & 3 Cross left over right. Step right to side.
- 4 Sweep left from front to back turning 1/2 left stepping left behind right.
- (Restart) Wall 4: restart here at counts 7 & 8, section 2. Sweep as ordinary sweep 1/2 turn.
- & 5 Step right to right side. Step forward left.
- 6 & 7 Step forward right. Turn 1/2 left on left. Step forward right
- 8 Sweep left forward turning 1/4 right.
- Option:** Full turn and 1/4 turn right.

Section 4 Cross, Back Lock, Modified Sailor 1/4, Step, Sway x 2, Together, Step

- 1 Cross left over right.
- 2 & 3 Step back on right. Lock left across right. Step back on right.
- 4 & 5 Sweep left behind right. Turn 1/4 left stepping right to side. Step left to place.
- 6 - 7 Sway to right shifting weight to right. Sway to left shifting weight to left.
- 8 & Step right beside left. Step left forward.

Ending: Danced on 6th wall, during section 1, on count 7 (facing 3 o'clock):

- 1 Turn to angle body towards front wall and hold (or do your own big finish!)

Quelle:

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678

www.linedancermagazine.com