

## Old Tears

32 count, 4 wall, intermediate level

Choreographer: Robbie McGowan Hickie (UK)

Choreographed to: "Old Tears" by Ilse DeLange (70 bpm), 16 Count Intro

### Section 1 Step Forward, Step, Pivot 1/2 Turn Left & Step Forward, Step, Pivot 1/2 Turn Right & Cross, 1/4 Turn Left, 1/2 Turn Left, Forward Rock & Step Back

- 1 **Long** step forward on Left allowing Right toe to drag up towards Left  
2&3 Step forward on Right, pivot 1/2 turn Left, step forward on Right (facing 6 o'clock)  
4&5 Step forward on Left, pivot 1/2 turn Right, cross step Left over Right (facing 12 o'clock)  
6-7 Turn 1/4 turn Left stepping back on Right, turn 1/2 turn Left stepping forward on Left  
8&1 Rock forward on Right, rock back on Left, **long** step back on right allowing Left to drag toward Right (facing 3 o'clock)

### Section 2 Side Rock 1/4 Turn Left & Step Forward, 1/2 Turn Left with Sweep, Cross Rock Back & Side Step Left, Cross Rock Back & Chasse 1/4 Turn Right

- 2&3 Turn 1/4 turn Left rocking Left out to Left side, recover weight on Right, step forward on Left  
4 Turn 1/2 turn Left stepping back on Right – sweeping Left out to Left side  
5& Rock back Left behind Right, rock forward on Right  
6 **Long** step Left to Left side – allowing Right toe to drag/slide towards Left (weight on Left)  
7& Rock back Right behind left, Rock forward on Left  
8&1 Step Right to Right side, close Left beside Right, turn 1/4 turn Right stepping forward on Right (facing 9 o'clock)

*Note: Count 4 above: Should be a continuous sweep around from front to back*

### Section 3 Step, Pivot 1/4 Turn Right & Cross, 2x Diagonal Steps Back, Cross, Back Rock, Full Turn Right

- 2&3 Step forward on left, pivot 1/4 turn Right, cross step Left over Right (facing 12 o'clock)  
4& Step Right **diagonally** back Right, step Left **diagonally** back left (body facing left diagonal)  
5 Lock step Right across Left (body still on the left diagonal)  
6-7 **Straighten Up to 12 o'clock:** Rock back on Left – popping Right knee forward, rock forward on Right  
8&1 **Travelling forward:** Turn a full turn Right stepping Left, Right, Left

### Section 4 Forward Rock & 1/4 Turn Right, Cross, Side Step Right, Touch, 2x Skates Forward, Back, Together

- 2&3 Rock forward on Right, rock back on Left, turn 1/4 turn Right stepping Right **long** step to Right side  
4 Cross step Left over Right (facing 3 o'clock)  
5& Step Right to Right side, touch Left toe beside Right  
6-7 Skate **slightly** forward on Left, skate **slightly** forward on Right  
8& Step back on left, step Right beside Left

Start again

Quelle:

[www.robbiemh.co.uk](http://www.robbiemh.co.uk)

[www.jolly-dancers.de](http://www.jolly-dancers.de)

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